

CV - Ewa-Lena Bratt, RN, PhD

Vice Dean for Internationalization, Cooperation and Sustainability, Sahlgrenska Academy, University of Gothenburg

Professor in nursing Science, Institute of Health and Care Sciences, Sahlgrenska Academy, University of Gothenburg

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[Research Group Profile](#)

Professional and Academic Appointments

Ewa-Lena Bratt is Professor of Nursing at the Institute of Health and Care Sciences, Sahlgrenska Academy, University of Gothenburg. She has a joint clinical appointment as a specialist nurse at the Paediatric Heart Centre at Sahlgrenska University Hospital, Gothenburg Sweden.

Since January 2024, she has served as Vice Dean for Internationalization, Cooperation and Sustainability at the Sahlgrenska Academy – the medical faculty at university of Gothenburg.. She has held several leadership roles including Deputy Head of Section and Director of Studies for the research school SHIFT CARE.

She is also an Honorary Professor at the University of Cape Town (2024). She has extensive experience in paediatric cardiac nursing and transitional care and has worked in the field since 1998.

Education and Qualifications

- Full Professor of Nursing (2023)
- Associate Professor (Docent) in Health and Care Sciences (2018)
- PhD in Medicine, University of Gothenburg (2011)

- Specialist Nursing Degree, Paediatric and Adolescent Healthcare, University of Gothenburg (2004)
- Bachelor of Science in Nursing, University of Borås (1998)

Research Focus and Projects

Professor Bratt leads and contributes to several large-scale research projects on transitional care for adolescents with chronic health conditions. Her research integrates psychosocial aspects, health system design, and patient empowerment. Key projects include:

- **STEPSTONES-CHD** – National multicentre study on transition for adolescents with congenital heart disease.
- **DIGI-STEPSTONES** – Digital innovation for transition care.
- **ADOLE7C-project** – Continuity of care for youth with chronic conditions.
- **STEPSTONES-DIAB** – Comparative effectiveness of transitional care models for adolescents with type 1 diabetes.
- **STEPSTONES-IMPLEMENT** – Implementation science in transitional care.

She collaborates with international partners including KU Leuven (Belgium) and University of Cape Town (South Africa), where she has conducted multiple research stays.

Total research grants as **principal applicant**: SEK 17.2 million
As **co-applicant**: SEK 62.3 million

More information: <https://www.gu.se/en/research/health-care-transition-research-group>

Scientific Output and Contributions

- Peer-reviewed publications: **55**
- Conference contributions (abstracts): **71**
- Invited/other presentations: **53**
- Popular science publications/interviews: **21**

She serves as a reviewer for scientific journals 2012-2025, including Acta Paediatrica, European Journal of Cardiovascular Nursing, BMJ Open, J of Adolescent Health, J Pediatric Nursing, Child, Care, Health and development, International Journal of Qualitative Studies in Health & Well-being, Scandinavian Journal of Caring Sciences, Cardiology in the young, Health and Quality of Life outcomes, International Journal of Adolescent Medicine and Health, JAMA Pediatrics, Sexuality Research and Social Policy, JAMA Pediatrics

Editorial roles:

- **European Journal of Cardiovascular Nursing** (Board Member, 2021–present)
- **Journal of Pediatric Nursing** (Board Member, 2021–2023)

Supervision and Doctoral Education

MAIN SUPERVISOR

1. Amani Salim Salim, RN. PhD-student at the Doctorate of Philosophy Program in Public Health, Al-Quds university, Abu Dis, Palestine. Title of thesis: Preterm Birth Among Palestinian Mothers: Incidence, Predictors, Risk Factors, and Experiences. 2024-2027
2. Malin Espelund RN, MSc. PhD student at the Institute of health and care sciences, Sahlgrenska academy, Gothenburg University. Thesis title: Enhancing Continuity Of Care In Transitioning Youth With Chronic Conditions: A Multifaceted Approach. 2024- 2031.
3. Helena Roos RN, MSc. PhD student at the Institute of health and care sciences, Sahlgrenska academy, Gothenburg University. Thesis title: Empowering Families: Pediatric Basic Life-Support Training For Families To Children With Heart Disease And Increased Risk Of Out-Of-Hospital Cardiac Arrest. 2024-2029.
4. Sandra Skogby RN, MSc. PhD student at the Institute of health and care sciences, Sahlgrenska academy, Gothenburg University. Thesis title: Resolving the role of healthcare system factors for care gaps in adolescents with complex chronic conditions: An international, multilevel study. The Adole7C-project (AdolesCents reCeiving Continuous Care for Childhood-onset Chronic Conditions). 2017- Dec 2022. Thesis defense 16th Dec 2022.
5. Markus Saarijärvi RN, MSc. PhD student at the Institute of health and care sciences, Sahlgrenska academy, Gothenburg University. Thesis title: Process of care and economic evaluation of a transition program to empower adolescents with chronic conditions in the transition to adulthood. The STEPSTONES-CHD project. 2017- Feb 2022. Thesis defense 18th Feb 2022.
6. Mariela Acuna Mora RN, MSc. PhD student at the Institute of health and care sciences, Sahlgrenska academy, Gothenburg university. Thesis title: Patient empowerment during transition to adulthood in young persons with chronic conditions: STEPSTONES- CHD project. Thesis defense, 15 Jan 2021.

CO-SUPERVISOR

7. Therese Rådman, RN. PhD-student at Institutionen för neurobiologi. Vårdvetenskap och samhälle (NVS), Karolinska institutet. Främja kontinuitet i vården för ungdomar med långvariga sjukdomstillstånd i övergången till vuxenlivet – implementering och anpassning av ett evidensbaserat övergångsprogram: Stepstones- implement projektet.

8. Elin Friberg, RN. PhD-student at the Faculty of Medicine, Lund university.
9. Anna Hjort RN, MSc. PhD-student at the Institute of health and care sciences, Sahlgrenska Academy, Gothenburg University. Title: Utveckling av stödintervention för personer med epilepsi inom öppenvård på neurologiska specialistkliniker personer med epilepsi inom öppenvård på neurologiska specialistkliniker. 2024-2031.
10. Emma Ramsay Milford. Psychologist. PhD-student at the Department of Psychology, University of Gothenburg. Thesis Title: Evaluating the feasibility and preliminary outcomes of implementing the Aim to Decrease Anxiety and Pain Treatment (ADAPT) for children with functional abdominal pain disorders (FAPD) in Swedish Paediatric Outpatient Clinics (POC) in the Gothenburg region. 2022-2030.
11. Elisabet Bergenmar Ivarsson. Psychologist. PhD-student at the Department of Psychology, University of Gothenburg. Thesis title: På Väg-Upplevelse och effekt av digital gruppbehandling för ungdomar med kronisk sjukdom och deras föräldrar. 2021-2029.
12. Mikaela Vallmark MD. PhD-student at the Institute of health and care sciences, Sahlgrenska Academy, Gothenburg University. Thesis title: Comparative effectiveness and experience of transitional care models for adolescents with Type 1 diabetes in the transition to adulthood: The Stepstones-Diab project. 2019-2026.
13. Kawther Atallah Elissa RN, MScN Al-Quds University, Jerusalem and PhD student at the Institute of Health and Care Sciences, Sahlgrenska Academy, Gothenburg University. Thesis title “Children with chronic diseases and their families living in the West Bank”. 2014 - 2019. Thesis defense, 19-04-27.
14. Åsa Burström MScN RN, PhD student at Karolinska Institute, Stockholm. Thesis title: “Transition from Child Health Care to Adult Health Care for adolescents born with Congenital Heart Disease – A multicenter study”. Thesis defense 18-03-09

She contributes to doctoral education as course leader and examiner in research theory, qualitative methods, and clinical care.

Academic and Professional Service

She is a member of numerous national and international scientific councils, including:

- Swedish Research Council's Committee for Clinical Therapy Research (2024–2026)
- Review Committees for ALF Västra Götaland, Novo Nordisk Foundation, and FWO (Belgium)
- Review Board for Associate Professors, Sahlgrenska Academy
- Abstract reviewer for AEPC, ESC, ACNAP, EAPS, and other congresses (2017–2025)
- Opponent and Assessment committee assignment's on research level (n=35)

She has served as Councilor, Chair, and Working Group Member within AEPC (Association for European Paediatric and Congenital Cardiology) and is a member of ACNAP and VIC (Swedish cardiac nursing network).

Pedagogical Merits and Internationalization

Professor Bratt is recognized for developing internationalized curricula at the nursing program. She received the Swedish Medical Faculties' Prize for Internationalization (2019) for integrating international students into core nursing education.

She has served as:

- Course examiner/leader across first-, second-, and third-cycle education in pediatric nursing, congenital heart disease, research methods, and complex care.
- Educator in global classroom settings with exchange students from Europe, Africa, and Asia.

Teaching materials include:

1. Textbook (Chapter). Title of textbook: Omvårdnad av barn och unga. Katarina Patriksson & Helena Wigert (editors). Plan utgivning 2023. Chapter: Omvårdnad av barn och ungdomar med hjärtsjukdomar. Åsa Burström & **Ewa-Lena Bratt**. ISBN: 9789144156057. Studentlitteratur
2. Textbook (Chapter): Title of textbook: Omvårdnad av barn och unga (arbetstitel). Katarina Patriksson & Helena Wigert (editors). Plan utgivning 2023. Chapter: Övergången från barn- till vuxensjukvård för unga med långvariga sjukdomstillstånd. **Ewa-Lena Bratt** & Carina Sparud Lundin. Åsa Burström & **Ewa-Lena Bratt**. ISBN: 9789144156057. Studentlitteratur
3. Textbook (Chapter): Pediatrisk omvårdnad. Inger Kristensson Hallström & Mariette Derwig (editor). Chapter 15. Övergångar inom hälso- och sjukvård för barn och ungdomar. Carina Sparud Lundin, Ewa-Lena Bratt, Charlotte Castor. ISBN 9789147146017. Liber
4. Textbook: Övergångar i hälso- och sjukvård– ett livsloppsperspektiv och organisatoriska aspekter. Carina Sparud Lundin & **Ewa Lena Bratt** (editor.) 2021. Studentlitteratur. Lund. ISBN 978-91-44-13885-5.
5. Textbook (Chapter): Personcentrering inom hälso- och sjukvård. Från filosofi till praktik. Inger Ekman (editor) 2020. 2:a upplagan. Chapter 8 Personcentrerad vård inom hälso och sjukvård för barn och ungdomar. **Ewa-Lena Bratt** och Stefan Nilsson. Liber. Stockholm. ISBN 978-91-47-12967-6.
6. Textbook (Chapter): Adult Healthcare Services for Adolescents and Young Adults with Long-term Conditions. An international Perspective on Nurses roles and Interventions. Cecily L Betz. Imelda T Coyne. (editors). 2019. Chapter 2. Empowering young persons during the transition to adulthood. Mariela Acuna Mora, Carina Sparud-Lundin, **Ewa-Lena Bratt**, Philip Moons.

Leadership and Organizational Roles

- Vice Dean for Internationalization, Sahlgrenska Academy, University of Gothenburg
- Research group leader, Health Care Transition Research Group
- Member, Research Committee (FOS) and Doctoral Education Committee (FUK), Sahlgrenska Academy
- Member, planning board for the new children's hospital (2012–2015)
- Director of Studies – SHIFT CARE research school (2023–2024)

Networks and Conference Organization

Member of:

- European Society of Cardiology (FESC)
- AEPC, ACNAP, VIC, National Association of Pediatric Nurses (Riksföreningen för barnsjuksköterskor)

She has organized several congress sessions for AEPC. In 2025, the research group also organized the first National Conference on Transitional Care (Gothenburg, May 2025).