

CURRICULUM VITAE

Name: Kerstin Ulin (ex. Dudas)
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Email: Kerstin.ulin@gu.se
Date of birth: January 22, 1963
Employee: Institute of health and care science Gothenburg University, Sweden
Department of Medicine, Sahlgrenska University hospital, Sweden
Title: Associate professor, senior lecturer in health and care science

Higher education degree(s)

UNIVERSITY DIPLOMAS

- DEGREE OF REGISTERED NURSING, 1986, Borås, Sweden
- DEGREE OF MASTER OF SCIENCE IN NURSING, 2008 Institute of health and care science, Gothenburg University, Sweden

Doctoral degree

- 2009 DEGREE OF PhD IN MEDICINE, Manifestations and Survival in Coronary Heart Disease. Supervisor, Annika Rosengren

Postdoctoral positions

- 2009 to 2013, Institute of health and care science Gothenburg University, Sweden.

Specialist certification or equivalent

- 2008 MASTER OF SCIENCE IN NURSING

Present position

- 2013- Senior Lecturer, Associate professor, Institute of Health and Care Science, Gothenburg University, Sweden. Permanent employment 100% of fulltime.
- 2019- Education manager for Complementary programme for nurses with a nursing degree from outside the EU/EES and Switzerland, 90 higher education credits
- 2018- Chief Nurse Officer at Sahlgrenska University Hospital, Östra sjukhuset Sweden

Research area

Health and care science, person-centred care.

Previous positions and periods of appointment

- Research assistant, post-doctoral. Institute of Health and Care Science, Gothenburg University, 2009-2012.
- Lecturer at the institute of Health and Care Science, Gothenburg University, 2002-2013
- Registered Nurse at Sahlgrenska University hospital, Östra Sjukhuset, Gothenburg. 1986 to 1999.
- Research Nurse at Sahlgrenska University hospital, Östra Sjukhuset, Department of Medicine, Gothenburg 1987 to 2001.
- Leadership in Care Organisation and Education, Sahlgrenska University hospital Department of Medicine, Östra sjukhuset, Gothenburg, 2002 to 2009 and 2010- 2018
- Leadership in Care Organisation and Education, Sahlgrenska University hospital Department of Rheumatology, Sahlgrenska sjukhuset, Göteborg, 2009-2010.
- 210301- 220630 Ward manager for 50% at Sahlgrenska University Hospital, Mölndals sjukhus, Sweden

Supervisor

- Ann-Sofi Sjöög reg 2019-
- Emma Vasell reg 2021-
- Eva Dahlkvist reg 2025-

Co-Supervisor

- Andreas Fors, Examined 2015
- Sara Wallström, Examined 2017
- Anna Gyberg, Examined 2023

Peer assignments:

- Chair of the public defence. Emma Lundbergs Dissertstion Inequities Unveiled: Discourses and Religious Literacy in Palliative Care. 241115
- Chair of the examining committee, Lena Havstams Dissertation Visual function and functional vision – ophthalmological perspectives on a normal population. 240524
- Member of the examining committee, Åsa Frändemarks Dissertation. Factors of importance for work productivity I Irritable Bowels Syndrome. Department of clinical and molecular medicine, Institute of medicine, Sahlgrenska Academy, University of Gothenburg, 2023.
- Member of the grading committee at Elin Wu. Enhanced External Counterpulsation Therapy in patients with refractory angina pectoris with emphasis on physical capacity, health-related quality of life and safety. Jönköping University. 2022
- Opponent at Linda Gellerstedt Dissertation. Nursing perspectives on patients' sleep during hospital care. Karolinska Institute. Stockholm. Sweden. 2019.
- Member of the grading committee at Maria Wahlström. Dissertation, Effects of MedYoga among Patients with Paroxysmal Atrial fibrillation. Karolinska Institute 2019.
- Member of the grading committee at Carina Carlöf. Dissertation, Sex and Gender Differences in Patients Undergoing Ablation of Atrial Arrhythmias Karolinska Institute 2018.
- Evaluated the dissertation of the PhD candidate Antonio Petruzzo. THE EXPERIENCE OF CAREGIVERS OF HEART FAILURE PATIENTS AND THE ROLE OF PREPAREDNESS IN ANXIETY; DEPRESSION AND QUALITY OF LIFE. 2018
- Chairman of the grading committee at Lan Wangs pre-dissertation. Programme based on Person-centered care for Patients with Chronic Obstructive Pulmonary Disease - A descriptive and interventional study. Jönköping University Health Coaching Self-management 2018
- BMJ Open, 3 reviews
- Journal of Cardiovascular Nursing, 6 reviews
- Review of thesis: Raškelien V. The significance of the risk factors for ischemic heart disease in the evaluation of the health-related. Lithuania, 2009.

Membership in professional organisations

- Advice-board member in Stepstones-ConHD 2016-
- Member in SWEDEHEART Registry Council 2016-
- Membership in HTA project, Sahlgrenska University Hospital 2017-2020
- Member of the National working group for Frail Elderly 2021-

Grants

- 2024-05-14 – Agneta Prytz Folke och Gösta Folkes minnesfond. Projektmedel mobila team. 100 000 SEK. Depånummer 01005630097.
- 2023-05-08 – Stiftelsen Anna Ahrenbergs fond GU. Äldre personers upplevelse av akutsjukvård. 200 000 SEK. Rekv nummer 530000294.

- 2023-05-08 – Agneta Prytz Folke och Gösta Folkes minnesfond. Projektmedel mobila team. 150 000 SEK. Depånummer 01005630097.
- 2023-05-08 – Stiftelsen Anna Ahrenbergs fond GU. Äldre personers upplevelse av akutsjukvård. 200 000 SEK. Rekv nummer 530000294.
- 2022 – Utbildningsrådet Sahlgrenska akademin, Göteborgs universitet. Kerstin Ulin. Implementering av det pedagogiska projektet Kommunikation, integration och progression genom digitalisering inom Kompletterande utbildning för sjuksköterskor med utländsk examen från land utanför EU/EES och Schweiz 90hp. Diarienummer: GU 2021/33742022. 100 000 SEK.
- 2021 – VINNOVA steg II. Kerstin Ulin. Visualiserbar integrering av ergonomi och produktivitet (VIPE). 250 000 SEK.
- 2021 – Utbildningsrådet Sahlgrenska akademin, Göteborgs universitet. Projektmedel för pedagogisk utveckling. Kerstin Ulin. Kommunikation, integration och progression genom digitalisering inom Kompletterande utbildning för sjuksköterskor med utländsk examen från land utanför EU/EES och Schweiz 90hp. Diarienummer: GU 2021/880. 150 000 SEK.
- 2019 – VINNOVA. Kerstin Ulin. Visualiserbar integrering av ergonomi och produktivitet (VIPE). 110 000 SEK.
- 2017 – Innovationsfonden. Kerstin Ulin. Samskapad digital dagbok. 685 090 SEK.
- 2017 – VINNOVA. Kerstin Ulin. Omvårdnadsintensiv – en patientsäkerhetsmodell med ett personcentrerat arbetssätt. 685 650 SEK.
- 2016 – Riksförbundet HjärtLung. Inger Ekman. Patient with takotsubo cardiomyopathy. 83 000 SEK.
- 2015 – Riksförbundet HjärtLung. Inger Ekman. Patient with takotsubo cardiomyopathy. 128 000 SEK.
- 2014 – Riksförbundet HjärtLung. Inger Ekman. Patient with takotsubo cardiomyopathy. 158 900 SEK.
- 2014 – Regional FoU. Lena Oxelmark. Patients preferences for participation in patients safety activities. 370 476 SEK.
- 2011–2013 – Regional FoU. Inger Ekman. Person-centred care for patients with acute coronary syndromes. 668 000 SEK.
- 2010, 2011 – GPCC. Kerstin Ulin. Person-centred care for patients with acute coronary syndrome. 1 200 000 SEK.
- 2010-11-01 – 2014-09-30 – AFA. Caroline Jarebrant. Framtidens vårdarbete. AFA Försäkring, dnr 100063: Framtidens VårdArbete, Proaktivt förändringsarbete för hållbart arbetsliv. Totalt anslag 3 000 000 SEK. Kerstin Ulin 210 000 SEK.

Scientific publication list

- Gyberg A, Brezicka T, Wijk H, Ulin K. From identifying patient safety risks to reporting patient complaints: A grounded theory study on patients' hospital experiences. J Clin Nurs, 01Jul 2024 DOI: 10.1111/jocn.17355
- Ulin K, Fors A, Ali L, Ekman I, Jansson I. Flip focus and emphasise patient resources in person-centred care over the telephone—A retrospective descriptive study. Scand J Caring Sci 2023 Mar 18. doi: 10.1111/scs.13164
- Gyberg A, Brezicka T, Wijk H, Ulin K. Struggling for access to appropriate healthcare services: A qualitative content analysis of patient complaints. Journal of Advanced Nursing, 02 May 2023 <https://doi.org/10.1111/jan.15688>
- Ulin K, Fors A, Ali L, Ekman I, Jansson I. Flip focus and emphasise patient resources in person-centred care over the telephone—A retrospective descriptive study. Scand J Caring Sci 2023 Mar 18. doi: 10.1111/scs.13164
- Gyberg A, Henoch I, Lepp M, Ulin K. Framing healthcare professionals in written adverse events: A discourse analysis. Nursing Inquiry, 2021, Sept 22 e12461. DOI: 10.1111/nin.12461

- Ingadottir B, Thylén I, Ulin K, Jaarsma T. Patients are expecting to learn more: A longitudinal study of patients with heart failure undergoing device implantation *Patient Educ Couns*. 2020 Jul;103(7):1382-1389. doi: 10.1016/j.
- Oxelmark L, Whitty JA, Ulin K, Chaboyer W, Oliveira Gonçalves AS, Ringdal M Patients prefer clinical handover at the bedside; nurses do not: Evidence from a discrete choice experiment. *Int J Nurs Stud*. 2020 May; 105:103444. doi: 32200099
- Gyberg A, Henoch I, Lepp M, Wijk H, Ulin K. Written reports of adverse events in acute care-A discourse analysis. *Nurs Inq*. 2019 May 27:e 12298. doi: 10.1111/nin.12298.
- Wallström S, Ekman I, Omerovic E, Ulin K, Gyllensten H. Cohort study of healthcare use, costs and diagnoses from onset to 6 months after discharge for takotsubo syndrome in Sweden. *BMJ Open*. 2019 Mar 1;9(2):e027814. doi: 10.1136/bmjopen-2018-027814.
- Oxelmark L, Ulin K, Chaboyer W, Bucknall T, Ringdal M. Registered Nurses' experiences of patient participation in hospital care: supporting and hindering factors patient participation in care. *Scand J Caring Sci*. 2018 Jun;32(2):612-621. doi: 10.1111/scs.12486.
- Ringdal Mona, Chaboyer Wendy, Ulin Kerstin, Bucknall Tracey, Lena Oxelmark. Patient preferences for participation in patient care and safety activities in hospitals. *BMC Nursing* 16(1) · December 2017 DOI: 10.1186/s12912-017-0266-7
- Fors A, Swedberg K, Ulin K, Wolf A, Ekman I. Effects of person-centred care after an event of acute coronary syndrome: Two-year follow-up of a randomised controlled trial. *Int J Cardiol*. 2017 Sep 6. pii: S0167-5273(17)32839-5. doi: 10.1016/j.ijcard.2017.08.069
- Jansson I, Fors A, Ekman I, Ulin K. Documentation of person-centred health plans for patients with acute coronary syndrome. *Eur J Cardiovasc Nurs*. 2017 Jun 1. doi: 10.1177/1474515117718415
- Wallstrom, S, Ekman, I, Ulin, K, Gyllensten, H. Hospitalization, costs and diagnosis in patients with takotsubo syndrome. *European Heart Journal*, 2017, Vol. 38(suppl1).
- Wallström S, Ulin K, Omerovic E, Ek. man I. Self-reported symptoms 8weeks after discharge: A comparison of takotsubo syndrome and myocardial infarction. [Int J Cardiol](#). 2016 Dec 1;224:348-352. doi: 10.1016/j.ijcard.2016.09.052. Epub 2016 Sep 16
- Wallström S, Ulin K, Omerovic E, Ekman I. Symptoms in patients with takotsubo syndrome: a qualitative interview study. [BMJ Open](#). 2016 Oct 5;6(10):e011820. doi: 10.1136/bmjopen-2016-011820
- Wolf A, Fors A, Ulin K, Thorn J, Swedberg K, Ekman I. An eHealth Diary and Symptom-Tracking Tool Combined With Person-Centered Care for Improving Self-Efficacy After a Diagnosis of Acute Coronary Syndrome: A Substudy of a Randomized Controlled Trial. *J Med Internet Res*. 2016 Feb 23;18(2):e40. doi: 10.2196/jmir.4890.
- Fors A, Taft C, Ulin K, Ekman I. Person-centred care improves self-efficacy to control symptoms after acute coronary syndrome: a randomized controlled trial. *Eur J Cardiovasc Nurs*. 2015 Dec 23. pii: 1474515115623437.
- Rosengren A, Ulin K. Case fatality in coronary heart disease: the art of counting. *Eur Heart J*. 2015 Nov. doi:10.1093/eurheart/ehv613.
- Wallström S, Ulin K, Määttä S, Omerovic E, Ekman I. Impact of long-term stress in Takotsubo syndrome: Experience of patients. [Eur J Cardiovasc Nurs](#). 2015 Nov 16. pii: 1474515115618568.
- Ulin K, Malm D, Nygårdh A. What Is Known About the Benefits of Patient-Centered Care in Patients with Heart Failure. *Curr Heart Fail Rep*. 2015 Oct 26. PMID: 26497193.
- Hanse J J, Harlin U, Jarebrant C, Ulin K, Winkel J. The impact of servant leadership dimension on leader-member exchange among health care professionals. *J of Nurs Management*. 2015 April 16. DOI:10.1111/jonm.12304.
- Fors A, Ekman I, Taft C, Björkelund C, Frid K, Larsson M , Jörgen Thorn, Kerstin Ulin, Axel Wolf, Karl Swedberg. Person-centred care after acute coronary syndrome, from hospital to primary care - a randomised controlled trial. *Int J of Cardiology*. DOI:10.1016/j.ijcard. 2015.03.336.
- Ulin K, Olsson L-E, Wolf A, Ekman I. Person-centered care - An approach that improves the discharge process. [Eur J Cardiovasc Nurs](#). 2015 Feb 3. pii: 1474515115569945.

- Hansson E, Ekman I, Swedberg K, Wolf A, Dudas K, Ehlers L, Olsson LE. Person-centred care for patients with chronic heart failure - a cost-utility analysis. *Eur J Cardiovasc Nurs*. 2015 Jan 16. pii: 1474515114567035.
- Johansson Hanse J, Harlin U, Jarebrant C, Ulin K, Winkel J. Leader-Member Exchange (LMX) and Psychosocial Factors at work Among Healthcare Professionals. *J Nurs Care*. 2014. 3;193. Doi: 10.4172/2167-1168.1000193.
- Fors A, Ulin K, Cliffordson C, Ekman I, Brink E. The Cardiac Self-Efficacy scale, a useful tool to evaluate person-centred care. *Eur J Cardiovasc Nurs*. 2014 Aug 22. pii: 1474515114548622.
- Fors A, Fors A, Dudas K, Ekman I. Life is lived forwards and understood backwards - Experiences of being affected by acute coronary syndrome: A narrative analysis. *Int J Nurs Stud*. 2014 Mar;51(3):430-7. doi: 10.1016/j.ijnurstu.2013.06.012.
- Dudas Kerstin, Olsson Lars-Eric, Wolf Axel, Swedberg Karl, Taft Charles, Schaufelberger Maria, Ekman Inger. Person-centered care is associated with less uncertainty in relation to illness in patients with chronic heart failure. *Eur J Cardiovasc Nurs*. 2013 Dec;12(6):521-8.
- Dudas K, Björck L, Tomas Jernberg, Georg Lappas, Wallentin L, Rosengren A. Differences between acute myocardial infarction and unstable angina: a longitudinal cohort study reporting findings from the Register of Information and Knowledge about Swedish Heart Intensive Care Admissions (RIKS-HIA). *BMJ Open* 2013;3:2155 doi: 10.1136/bmjopen-2012-002155.
- Alharbi T, Ekman I, Olsson L-E, Dudas K, Carlström E. Organizational culture and the implementation of person-centered care: Results from a change process in Swedish hospital care. *Health Policy* 2012 Dec;108(2-3):294-301. doi: 10.1016/j.healthpol.2012.09.003.
- Ekman I, Wolf A, Olsson LE, Taft C, Dudas K, Schaufelberger M, Swedberg K. Effects of person-centred care in patients with chronic heart failure: the PCC-HF study *Eur Heart J*. 2012 May;33(9):1112-9.
- Dudas K, Lappas G, Rosengren A. Long term prognosis after hospital admission for acute myocardial infarction from 1987 to 2006. *Int J Cardiol*. 2012 Mar 22;155(3):400-5. doi: 10.1016/j.ijcard.2010.10.047.
- Dudas K, Lappas G, Stewart S, Rosengren A. Trends in out-of-hospital deaths due to coronary heart disease in Sweden (1991 to 2006). *Circulation*. 2011 Jan 4;123(1):46-52. Epub 2010 Dec 20.
- Berg J, Björck L, Dudas K, Lappas G, Rosengren A. Symptoms of a first acute myocardial infarction in men and women. *Gender Medicine* 2009 Sep;6(3):454-62.
- Dudas KA, Wilhelmsen L, Rosengren A. Predictors of coronary bypass grafting in a population of middle-aged men. *Eur J Cardiovasc Prev Rehabil*. 2007 Feb;14(1):122-7.

Book chapters

- Ulin K, Kaczynski, Gyberg A, Hultgren E. Personcentrering inom hälso- och sjukvård. Kapitel Implementering av personcentrerad vård i slutenvård. Liber. 2020. Egypten
- Dudas K, Jerzy Kaczynski, Lars-Eric Olsson. Personcentrering inom hälso- och sjukvård. Kapitel Implementering av personcentrerad vård i slutenvård. Liber. 2014. Egypten.
- Dudas K. Omvårdnad på avancerad nivå – kärnkompetenser inom sjuksköterskans specialistområden. Kapitel Omvårdnad vid medicinska sjukdomstillstånd. Studentlitteratur. 2013. Lund.