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Languages

English (native speaker) & Swedish (fluent).

Examina

- 2021 Master of Public Health (MPH) with Health economics, Thesis title: *Why do patients struggle with their medicines? – A phenomenological hermeneutical study of how patients experience medicines in their everyday lives*. The University of Gothenburg, Gothenburg, Sweden.
- 2015 Doctor of Philosophy (PhD), Thesis title: *Identifying and developing the role of community pharmacists in sleep health*. The University of Sydney. Main supervisor: Dr Bandana Saini. Co-supervisors: Prof Ines Krass, Dr Keith Wong.
- 2004 Master of Pharmaceutical Science (M Pharm Sci) (Major in Pharmacotherapy), Uppsala University, Uppsala, Sweden
- 2002 Bachelor of Pharmaceutical Science (B Pharm Sci) (Major in Pharmacotherapy), Uppsala University Uppsala, Sweden.

Work experience

- Jan 2021- (current position) Postdoctoral researcher at the Institute of Health and Care Sciences, University of Gothenburg Centre for Person-Centred Care (GPCC), University of Gothenburg Sweden.
As part of the IHOP-e project (PI Professor Inger Ekman) evaluating person-centred care delivered at a distance through e-health to frail elderly community-dwelling persons, my specific focus is on medicine usage.
- April 2018- Dec 2020 Researcher at the Institute of Health and Care Sciences, University of Gothenburg Centre for Person-Centred Care (GPCC), University of Gothenburg Sweden.
I was involved in the PROTECT project (PI Professor Inger Ekman) that evaluated person-centred care delivered at a distance through e-health to persons with CHF and/or COPD. I focused specifically on medicine taking from the patient's perspective. Parallel, I co-ordinated the project, Medicines taking – a person-centred approach, with visiting GPCC Professor Nicky Britten (PI).
- 2018-2019 Adjunct lecturer at the Department of Public Health & Community Medicine, University of Gothenburg, Gothenburg, Sweden.
I worked in this position whilst working part-time as a researcher. I held lectures and seminars in courses FHE301 (Folkhälsoarbetets organisering: teori och praktik, 15 HP) and FHE401 (Levnadsvanor, hälsopromotion och folkhälso pedagogik, 15 HP). I was also course co-coordinator for FHE610 (Folkhälsoarbete i praktiken, 15 HP), and provided supervision for FHV622 (Examensarbete i folkhälsoarbete med hälsoekonomi, 15 HP).

- 2017-2019 Registered Pharmacist (Community) at Hjärtat Pharmacy, Gothenburg, Sweden.
Parallel to my research position and involved direct patient contact.
- 2015-2016 Post-Doctoral Researcher, University of Technology Sydney (UTS), Sydney, Australia.
I worked in this position as a Research Manager on a collaborative project between UTS and The Woolcock Institute of Medical Research (WIMR) (PI Professor Carol Armour) on a grant investigating the implementation of services in community pharmacy to improve asthma treatment in patients.
- 2013-2015 Registered Dispensing Pharmacist at Hjärtat Pharmacy, Gothenburg, Sweden.
I worked in this position initially during the write-up phase of my PhD.
- 2008- 2015 PhD-candidate, Faculty of Pharmacy (Discipline of Pharmacy Practice), The University of Sydney, Sydney, Australia.
My thesis investigated the feasibility of models-of-care to be delivered to persons at community pharmacies. An initial randomised controlled trial (RCT) was conducted to develop, implement, and evaluate a sleep health awareness and sleep disorder screening programme, followed by a second RCT to develop, implement and evaluate a pharmacy brief behavioural treatment for insomnia (BBTi) programme focusing on patient outcomes.
- 2008-2009 (part-time) Research Project Officer at the Faculty of Pharmacy (Discipline of Pharmacy Practice), The University of Sydney, Sydney, Australia. in the Pharmacy Tool for Assessment of Sleep Health, University of Gothenburg, Sweden.
I was project-coordinator in the research project Community Pharmacists and Sleep Health (PI Dr Bandana Saini) in which I responsible administrative and managerial running of the project and hence both enhanced and gained further research skills. My role involved planning, organising, and coordinating training workshops for healthcare professionals as well as regular follow-up.

Break in research due to further full-time studies (MPH)

August 2016-April 2018

Additional Education (Stand-alone courses)

- 2019 Evaluating complex interventions, Workshop with David Richards, Lund 6-8 November, arranged by the Swedish Research Council.
- 2019 Multicultural encounters and intercultural communication in health care, 7.5 hec, The University of Gothenburg, Gothenburg, Sweden.
- 2019 The concept "Person" and person-centred care - philosophical foundation, 7.5 hec, The University of Gothenburg, Gothenburg, Sweden.
- 2019 DUR Summer School: Drug Utilisation Research, Methods and Applications, Stockholm 26-29 June, arranged by EuroDURG (European Drug Utilization Research Group).

Publication list Article - Peer reviewed scientific (7)

Fuller JM, Barenfeld E, Ekman I. *Why do people struggle with their medicines? A phenomenological hermeneutical study on the lived experience of medicines-taking*. PLOS ONE 2021

Fuller JM, Saini B, Bosnic-Anticevich S, Garcia Cardenas V, Benrimoj SI, Armour C. *Testing evidence [as] routine practice: Using an implementation framework to embed a clinically proven asthma service in Australian community pharmacy*. Res Social Adm Pharm 2017

Fuller JM, Wong KK, Hoyos C, Krass I, Grunstein R, Saini B. *Dispensing good sleep health behaviours not pills – a cluster-randomized controlled trial to test the feasibility and efficacy of pharmacist-provided brief behavioural treatment for insomnia*. J Sleep Res 2015

Fuller JM, Wong KK, Krass I, Grunstein R, Saini B. *A comparison of screening methods for sleep disorders in Australian community pharmacies: a randomized controlled trial*. PLoS ONE 2014

Fuller JM, Wong KK, Krass I, Grunstein R, Saini B. *Sleep disorders screening, sleep health awareness, and patient follow-up by community pharmacists in Australia*. Patient Educ Couns 2011;83:325-35.

Tran A, Fuller JM, Wong KK, Krass I, Grunstein R, Saini B. *The development of a sleep disorder screening program in Australian community pharmacies*. Pharm World Sci 2009;31:473-80.

Hains IM, Fuller JM, Ward RL, Pearson SA. *Standardizing care in medical oncology: Are web-based systems the answer?* Cancer 2009;115(23):5579-5588.

Publication list - Other (1)

Gyllensten H, Fuller JM, Östrbring MJ. *Commentary. How person-centred is pharmaceutical care?* Int J Clin Pharm 2021

Funding

1 200 000 SEK: Person-Centred Care at Home (PCC at Home): Shifting towards high quality, affordable preventive healthcare. Hjärt-lungfonden, 2022 (co-applicant, Principal Investigator Inger Ekman).

1 161 721 SEK: Person-Centred Care and Medicine taking (PeCeMe). GPCC Project grant, 2022 (Main applicant & Principal Investigator).

1 022 983 SEK: Medication-Taking – a Person-Centred Approach. GPCC Project continuation grant, 2021 (Main applicant & Principal Investigator).

208 000 SEK: Medication-Taking – a Person-Centred Approach. GPCC Stimulus Project, 2019 (co-applicant, Principal Investigator Nicky Britten).

2 400 000 SEK: Person-Centred Care at Home (PCC at Home): Shifting towards high quality, affordable preventive healthcare. Hjärt-lungfonden, 2018 (co-applicant, Principal Investigator Inger Ekman).

135 000 AUD (approx. 940 000 SEK): Pharmacy asthma model for sustainable delivery of asthma services. Astra Zeneca (Australia) research grant, 2015 (Associate Investigator, Principal Investigator Carol Armour).