

## **Linda Åhlström [Ahlstrom]**

Born January 31<sup>st</sup>, 1969.

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### **Positions**

- 2016-2018 Senior Lecturer, Health and Care Sciences, Sahlgrenska Academy, Univ Of Gothenburg  
2018 Researcher. Västra Götalandsregionen, Medicine, Research & Dev. (part-time)  
2013-2016 Senior Lecturer, Academy of Care, Working Life & Social Welfare, Univ of Borås  
2005-2014 Registered Nurse/Research Nurse, Sahlgrenska University Hospital, Occupational & Environmental Medicine  
2002-2004 Research Nurse, Monash University Accident Research Centre, Melbourne, Australia  
2001-2002 Research Assistant, La Trobe University, The Alfred Hospital, Melbourne Australia  
1995-2000 Registered Nurse, Sahlgrenska University Hospital,
  - Div. of Transplantation and Liver Surgery,
  - Div. of Colorectal surgery
  - Div. of Heart- and Lung transplantation.

### **Leadership**

- 2017-2018 Implementering av verksamhetsförankradeexamensarbete-Sjuksköterskeprogrammet, samarbete med Sahlgrenska Universitetssjukhuset.  
2017-2018 Academic Program Director Nursing, Health and Care Sciences, Gothenburg University  
2015-2016 Deputy Head of Unit, Working Life & Social Welfare, University of Borås

### **Education**

- 2014-2009 Ph.D. Medicine, Sahlgrenska Academy, Gothenburg University, Sweden. Thesis; Improving Work Ability and Return to Work among Women on Long-term Sick Leave. (part-time 50%)  
2005 Master of Science, Clinical Advanced Nursing, Gothenburg University  
Exchange; Master of Clinical Nursing, Thesis; Nurses' communication with sedated ventilated patients in the Intensive Care Unit. La Trobe University, Bundorra (2001-2002), Melbourne, Australia  
2000-2001 Uppsala University, International Distance, Business economics and management; 45 cps.  
1999-2000 Postgraduate Diploma in Intensive and Critical Care Nursing, 60 cps, Göteborg University, Division of Health and Caring Sciences, Institute of Nursing.  
1999-2000 Health services management- and administration, 30 cps, Göteborg University, Business Adm.  
2000 Degree of Bachelor in Health Care Science in Nursing, Göteborg University, Division of Health and Caring Sciences, Institute of Nursing.  
1996-1998 University Diploma in Surgical Nursing, 60 cps, Postgraduate Diploma. Göteborg University, Division of Health and Caring Sciences, Institute of Nursing  
1992-1995 Registered Nurse, 180 cps, University of Gothenburg  
1993-1994 Education: Introductory Level, 30 cps, University of Gothenburg

### **Trainee**

- 2010-2013 Work Disability Strategic Training program, CIHR, 3 years, Toronto University, Canada (Scholarship from Canadian Government)

### **Courses**

- 2018 Nursing as a scientific discipline and an area for teaching, 7.5 cps higher educ.  
2017 Supervision in Postgraduate Programme, 7.5 cps  
2013-14 Education for Higher Education, 15 cps, Borås University, Sweden  
2012-13 Grounded Theory, 7.5 cps, Gothenburg University  
2012 Nvivo Qualitative analysis Program 1.5 cps, Gothenburg University  
2010-11 Qualitative methodology of interviewing, Vårdalinstitutet, Lund 15 cps.  
2009-10 Introduction to research, 15 cps, Gothenburg University, Sahlgrenska Academy  
2007 Health Economy 15 cps, Gothenburg University, Förvaltningshögskolan  
2006 Statistics in Medicine 7,5 cps, Gothenburg University, School of Economics

### **Articles**

- Ahlstrom, Hysen, Johansson, & Lindberg. Intensive care nurses' perceptions and strategies regarding implementation of quiet time for patients – a grounded theory study. (revision)

- Andreasson, Ljungar, **Ahlstrom**, & Dellve. (2018) Professional Bureaucracy and Healthcare Managers' Planned Change Strategies: Governance in Swedish Healthcare. *Nordic Journal of Working Life Studies*, 8(1). <https://doi.org/10.18291/njwls.v8i1.104849>
- Rydström L, Lotta Dalheim Englund, Lotta Dellve & Linda Ahlstrom. (2017). Importance of social capital at the workplace for return to work among women with a history of long-term sick leave: a cohort study. *BMC Nursing*
- Strömngren, Eriksson, **Ahlstrom**, Bergman & Dellve. (2017) Leadership quality: a factor important for social capital in healthcare organizations. *Journal of Health Organization and Management*. (31) 2, doi: 10.1108/JHOM-12-2016-0246
- Andreasson, J., **Ahlstrom**, L., Eriksson, A. & Dellve, L. (2017). The importance of healthcare managers' organizational preconditions and support resources for their appraisal of planned change and its outcomes *Journal of Hospital Administration*: 6(1)
- Englund, Rydström, Dellve, **Ahlstrom**. (2016). Social support outside work and return to work among women on long-term-sick leave working within human service organizations. *Applied Nursing Research*: 30(1); 187-193)
- Dellve, L Fallman, **Ahlstrom**. (2016). Return to work from long-term sick leave: a six-year prospective study of the importance of adjustment latitudes at work and home. *Int Arch Occup Environ Health International archives of occupational and environmental health*: 171-179.
- Heden, L., & **Ahlstrom**, L. (2016). Individual Response Technology to promote Active Learning Within the Caring Sciences. *Nurse Education Today*.
- **Ahlstrom**, L., Ahlberg, K., Hagberg, M., & Dellve, L. (2017). Women with neck pain on long-term sick leave – strategies and approaches used in the rehabilitation process for returning to work. *J of Occup Rehab*. 27, (1) 92–105
- **Ahlstrom**, L., Hagberg, M., and Dellve, L. (2012) Workplace Rehabilitation and Supportive Conditions at Work: A Prospective Study. *Journal of Occupational Rehabilitation*: p. 1-13. *Environ Health*, 2011,84(3)335-346.
- Dellve L, **Ahlstrom** L, Jonsson A, Sandsjö L, Forsman M, Lindegård A, Ahlstrand C, Kardefors R, Hagberg M. (2012). Myofeedback training and intensive muscular strength training to decrease pain and improve work ability among female workers on long-term sick leave with neck pain: a randomized controlled trial. *Int Arch Occup*
- Ahlstrom, Ekman, Hagberg, & Dellve. (2011). The work ability index and single-item question: associations with sick leave, symptoms, and health a prospective study of women on long-term sick leave. *European Journal of Public Health*. 2011;19(Sup 1):47-48.
- **Ahlstrom** L, Ekman-Grimby A, Hagberg M, Dellve L. The work ability index and single-item question: associations with sick leave, symptoms, and health – a prospective study of women on long-term sick leave. *Scand J Work Environ Health* 2010;36(5):404-412
- Dellve L, **Ahlstrom** L, Ekman A, Hagberg M. Assessment of work disability. *European Journal of Public Health*. 2009;19(Sup 1):121. [http://eurpub.oxfordjournals.org/content/eurpub/21/suppl\\_1/10.full.pdf](http://eurpub.oxfordjournals.org/content/eurpub/21/suppl_1/10.full.pdf)

#### **Abstracts/presentations/poster**

- Discussing philosophy of nursing as means to articulating and critiquing disciplinary thoughts related to nursing. Linda Åhlström, Ida Björkman, Josephine Greenbrook, Joakim Öhlen. The 22nd International Philosophy of Nursing Conference (IPONS) in Galway, Ireland, August 23-25, 2018.
- Working despite chronic illness among older female workers: the importance of work-place adjustments. Lotta Dellve, Linda Åhlström. 24th Nordic Congress of Gerontology (NKG). Oslo, Norway: 2-4 May 2018.
- WDPI, Amsterdam, Netherlands, 2016. Female Human Service Organization Workers with neck pain and a history of long-term sick leave: approaches used for return to work. Oral
- 1<sup>st</sup> Implementation of lean and the 3-year trends of sick-leave among health care workers in different hospital care context; Linda Åhlström, Lotta Dellve. 2<sup>nd</sup> The importance of nurse managers' preconditions and support resources for their attitude and work with improved quality of care; Jörgen Andreasson, Linda Åhlström, Andrea Eriksson. Novo Symposium, 12-13 nov. 2015, Trondheim, Norge. "Quality in health care"; Abstract book,
- WDPI, Toronto, Canada, 2014. Cross-cultural adaptation of the work role functioning questionnaire to Swedish– reliability and validity. Oral

- WDPI, Toronto, Canada, 2014. Return to work from long-term sick leave; the importance of adjustment latitude among female human service workers – a prospective study in Sweden. Oral
- EPICOH, September 7-9, 2011. Oxford, United Kingdom. Workplace rehabilitation and supportive work conditions of importance for increased work ability and RTW - a prospective study of women on long-term sick leave in Sweden. *Occupational and Environmental Medicine*. 2011;68 (Sup1), A96.
- European Public Health Conference, 9-12 November 2011. Copenhagen, Denmark. The work ability index and single-item question: association with sick leave, symptoms, and health – a prospective study of women on long-term sick leave. *European Journal of Public Health*. 2011;21 (Sup 1):48.  
[http://eurpub.oxfordjournals.org/content/eurpub/21/suppl\\_1/10.full.pdf](http://eurpub.oxfordjournals.org/content/eurpub/21/suppl_1/10.full.pdf)
- European Public Health Conference, 25-28 November 2009. Lodz, Poland. Rehabilitation activities, supportive work conditions, work ability and return to work among female human service workers on long-term sick leave in Sweden 2005–08
- Göteborgs Universitet, Institutionen för Arbetsvetenskap, Arbetet i människors liv, 13-14 May 2009. Which rehabilitation activities improve work ability and return to work for female human service workers on long term sick leave?
- Arbets- och miljömedicin Vårmöte 2006, april. Pausmönster, styrka och prestation i trapeziusmuskeln hos sjukskrivna kvinnor, Mätmetodik och studieupplägg i en RCT-studie.
- Physical exposure during use of small keyboards on mobile phones – a RCT, E Gustafsson<sup>a</sup>, C Ahlstrand<sup>a</sup>, M Boström<sup>a</sup>, M Edlund<sup>a</sup>, J Eriksson<sup>a</sup>, A Lindegård Andersson, P Jonsson<sup>a</sup>, S Thomée<sup>a</sup>, L Åhlström<sup>a</sup>, M Hagberg<sup>a</sup>  
Abstract NES Conference 2006. Intervention against Chronic Neck Pain by Myofeedback and Strength Training. A randomized control trial. Lena O. Grundell, Agneta Lindegård, Leif Sandsjö, Linda Åhlström, Mikael Forsman, Roland Kardefors, Mats Hagberg, Lotta Dellve.

### Reports

- Sara Thomée, Adnan Noor, Christina Ahlstrand, **Linda Åhlström**, Mats Hagberg. (2014) Test av ett datoriserat uppmärksamhetstest: Påverkar språket resultaten? En jämförelse av amerikansk originalversion och svensk version av IVA+, Göteborg, Arbets- och miljömedicin, Sahlgrenska Universitetssjukhuset, Rapport 2014, ISBN: 978-91-7876-149-4
- Ahlstrand C, Dellve L, Ekman A, Jonsson A, **Ahlstrom L**, Hagberg M. Cutlery wiping performance test. Gothenburg: University of Gothenburg, Sahlgrenska Academy Sahlgrenska, 2000. Report No.: 124.
- Ahlstrand, C., Ekman, A., Noor, A., Åhlström, L., Hagberg, M. **Reliabilitetstestning av Purdue Pegboard® (finmotoriktest)**. Arbets- och miljömedicin, Sahlgrenska Universitetssjukhuset Göteborg, april 2012. ISSN 1650-4321, ISBN 978-91-7876-139-5.

### Languages

Swedish, English and German

### Teaching

- Ledarskap/ organisation/ hälsoekonomi
  - Förbättringsarbete
  - Arbetsmiljö
  - Pedagogik
  - Vetenskaplig teori och metod
  - Statistik
  - Kommunikation
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- Handledning uppsatser Bachelor, och Master
  - Doktorandhandledning; två studenter