

## CV- Sandra Skogby

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### Work address:

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Date of birth: 1989-07-18

### Work experience

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1. **PhD fellow** at Institute of Health and Care sciences, Sahlgrenska Academy, University of Gothenburg and Department of Public Health and Primary Care, KU Leuven. Title of PhD thesis: Discontinuation of follow-up care in young people with congenital heart disease. 17-01-16 – 22-12-16.
2. **Transition coordinator in the Swedish Transition Effects project supporting teenagers with chronic medical conditions (Stepstones)** Pediatric cardiology outpatient unit - Queen Silvias Children's Hospital, Gothenburg, Sweden. 2016-2021.
3. **Clinical nurse specialist** in pediatric care at Pediatric cardiology- Queen Silvias Children's Hospital, Gothenburg, Sweden. In-patient care unit for children and adolescents with congenital and acquired heart disease. 2011-11-01- ongoing
4. **Registered Nurse** at Department of Oncology, Unit 69, Sahlgrenska University Hospital, Gothenburg, Sweden. The ward cared for adult oncology patients, primarily sarcoma, malignant melanoma, and testicular cancer patients. 2011-06-10-2011-10-31
5. **School nurse** at Drottning Blanka Upper secondary school, Borås. 2014-2015

### Qualifications /titles

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1. **PhD in Health care sciences and Biomedical sciences** (Double degree) 2022-12-16, 240 higher education credits. Sahlgrenska Academy, University of Gothenburg and Department of Public Health and Primary Care, KU Leuven.
2. **Master of Science (1 year) in Nursing Science** 2015-06-10, 60 higher education credits. Hälsö högskolan, Jönköping University.
3. **Postgraduate Diploma in Specialist Nursing – Pediatric care** 2015-06-10, 60 higher education credits. Hälsö högskolan, Jönköping University.
4. **Bachelor of Science in Nursing Science** 2011-06-03, 180 higher education credits. Institute of Health and Care Sciences, University of Gothenburg.

### PhD courses

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1. **Medical Statistics I**, 5 higher education credits, Third Cycle, University of Gothenburg. Fall term 2017.
2. **Medical statistics 2**, 5 higher education credits, Third Cycle, University of Gothenburg. Spring 2018
3. **Qualitative methods within health sciences I**, 5 higher education credits, Third Cycle, University of Gothenburg. Fall term 2019.
4. **Qualitative methods within health sciences II – Content analysis**, 3 higher education credits, Third Cycle, University of Gothenburg. Spring term 2020.

## Other education and training

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1. **Preceptorship of students in clinical practice**, 7,5 higher credits, University of Gothenburg, 2012.
2. **Child and adolescent Psychology**, 30 higher credits, University of Gothenburg. 2013.
3. **Good Clinical practice**, Sahlgrenska University hospital, 2016.
4. **Professional conversation with youth about sexuality and relationships II** 7,5 higher credits, University of Gothenburg, 2017.
5. **Transition coordinator training**, University of Gothenburg. 2016
6. **Teaching and Learning in Higher Education I**, 5 higher education credits, Second Cycle, University of Gothenburg. 2018.
7. **Heart disease in children and youth**, 7,5 higher credit, University of Gothenburg. 2020
8. **Advanced nursing care of children and young persons with congenital heart disease**, 7,5 higher credit, University of Gothenburg. 2020
9. **Teaching and Learning in Higher Education II**, 5 higher education credits, Second Cycle, University of Gothenburg. 2021.

## Language skills

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Swedish – native speaker

English – highly proficient in spoken and written

## Scientific merits

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Publications (n=5)

1. **Skogby, S.**, et al. (2019). "ADHD Symptoms as a Potential Driver to Cannabis Use in Young Persons With Complex Congenital Heart Defects." *Can J Cardiol*.
2. **Skogby S**, Moons P, Johansson B, Sunnegårdh J, Christersson C, Nagy E, et al. Outpatient volumes and medical staffing resources as predictors for continuity of follow-up care during transfer of adolescents with congenital heart disease. *International journal of cardiology*. 2020
3. Moons P, **Skogby S**, Bratt EL, Zühlke L, Marelli A, Goossens E. Discontinuity of Cardiac Follow-Up in Young People With Congenital Heart Disease Transitioning to Adulthood: A Systematic Review and Meta-Analysis. *Journal of the American Heart Association*. 2021
4. **Skogby S**, Goossens E, Johansson B, Moons P, Bratt E-L. Qualitative study of facilitators and barriers for continued follow-up care as perceived and experienced by young people with congenital heart disease in Sweden. *BMJ Open*. 2021 Oct 27;11(10):e049556.
5. **Skogby S**, Bratt E-L, Johansson B, Moons P, Goossens E. Discontinuation of follow-up care for young people with complex chronic conditions: conceptual definitions and operational components. *BMC Health Services Research*. 2021

## Manuscripts

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1. **Skogby S**, Goossens E, Johansson B, Moons P, Bratt E-L. Hospital, and health care system related predictors for discontinuation of follow-up care in young persons with congenital heart disease. In manuscript.

## Conference contributions

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(n=8)

1. **Sandra Skogby**, Philip Moons, Ewa-Lena Bratt, Bengt Johansson, Eva Goossens. Borttappad i vården. Nationella utbildningsdagar för vårdprofessioner inom kardiologi VIC - Medfödda hjärtfel "Vårdens framgångar ger nya möjligheter och utmaningar" – Umeå 2018
2. **Sandra Skogby**, Philip Moons, Bengt Johansson, Christina Christersson, Mikael Dellborg, Shalan Fadl, Eva Fernlund, Katarina Hanseus, Kalliopi Kazamia, Aleksandra Krzynska, Edit Nagy, Annika Rydberg, Jan Sunnegårdh, Ulf Thilen, Per Winberg, Eva Goossens, Ewa-Lena Bratt. Successful transfer to adult care: A nationwide study in patients with complex congenital heart lesions in Sweden. Association for European Pediatric and Congenital Cardiology - AEPC 2018, Aten
3. Ewa-Lena Bratt, Liesl Zühlke, Bongani Mayosi, **Sandra Skogby**, Alexia Joachim, Samkelo Jiyana, Thabani Msomi, Lungile Pepeta, Philip Moons. Unraveling the role of healthcare system factors for continuing care of adolescents with congenital or rheumatic heart disease: Rationale and methods of the international Adole7C-project. 19th Annual South African Heart Association Congress. 4-7 Okt 2018. Suncity, South Africa.
4. **Sandra Skogby**, Philip Moons, Ewa-Lena Bratt, Bengt Johansson, Eva Goossens. Urgency for Clarification of Concepts and Definitions related to Discontinuation of Follow-Up Care for Young People with Complex Chronic Conditions. International Scientific Nursing and Midwifery Congress 2019, Leuven, Belgium 4-6 February 2019
5. Ewa-Lena Bratt, Mariela Acuña Mora, Markus Saarijärvi, **Sandra Skogby**, Anna-Lena Brorsson, Carina Sparud Lundin. Person-centered and Empowering Care for Adolescents with Chronic Conditions during Transition to Adulthood. SAHM - Society of Adolescent and Health Medicine Annual meeting March 6-9 2019, Washington, USA.
6. Ewa-Lena Bratt, **Sandra Skogby**, Liesl Zühlke, Bongani Mayosi, Bengt Johansson, Mikael Dellborg, Christina Christersson, Edit Nagy, Per Winberg, Ulf Thilén, Katarina Hanseus, Aleksandra Krzynska, Shalan Fadi, Eva Fernlund, Kalliopi Kazamia, Annika Rydberg, Jan Sunnegårdh, Eva Goossens, Philip Moons. Unraveling the role of healthcare system factors for continuing care of adolescents with congenital or rheumatic heart disease: Rationale and methods of the international Adole7C-project. The 99th Berzelius conference, 21-22 February 2019, Stockholm, Sweden
7. **Sandra Skogby**, Adolescents receiving continuous care for childhood onset chronic conditions Pediatric cardiology research meeting, Uppsala 2020.
8. **Sandra Skogby**, Eva Goossens, Bengt Johansson, Philip Moons, Ewa-Lena Bratt. Factors perceived by young adults with congenital heart disease to affect continuing follow-up care after transfer. Association for European Pediatric and Congenital Cardiology – Gothenburg 2021

## Peer review

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1. European Journal of Cardiovascular Nursing. Ref: CNU-D-20-00307R1 Title: *Preoperative educational videos can reduce maternal anxiety when their children received congenital heart disease surgery* Article Type: *Original Paper*.
2. Pre-dissertation seminar for PhD student Ulrika Mårtensson "Children's and their parents' experiences of mealtimes when the child lives with a gastrostomy tube" Doctoral thesis. 2021-11-03

## Internationalization

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1. Double degree doctoral program between KU Leuven, Leuven, Belgium and University of Gothenburg, Gothenburg Sweden. 240 higher education credits, 170116 – ongoing. This program will result in two doctoral diplomas: PhD in Health Care Sciences from University of Gothenburg and PhD in Biomedical sciences from KU Leuven. These entailed recurring research stays at KU Leuven for one month per each semester.
2. Research in collaboration in Belgium, including data collection at two hospitals in Belgium. 2020-2022
3. Research collaboration in South Africa, including data collection at two hospitals in South Africa. 2017-2022

## Received grants

1. The Swedish Heart-Lung Foundations' travel grant. 16.000 SEK. 2017.
2. Adlerbertska scholarship. 20 000 SEK. 2017.
3. The Swedish Heart-Lung Foundations' travel grant. 9000 SEK. 2018.
4. The Swedish Heart-Lung Foundations' study visit grant. 12.000 SEK. 2018.
5. The Swedish Heart-Lung Foundations' travel grant. 6000 SEK. 2018.
6. Stiftelsen Samariten. Stefan och Martina Ränks donation, travel grant. 9000 SEK. 2018.
7. Erasmus staff mobility training 36.000 SEK 2018.
8. Vårdförbundet, travel grant 5000 SEK 2019.
8. The Swedish Heart-Lung Foundations' study visit grant. 13.000 SEK. 2020.

Total amount in received grants: 126.000 SEK

## Teaching merits

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Supervision of bachelor's theses in nursing

- Nalibaeva, Guzal & Rusova, Viktorija. *Life in grey tones- literature review on psychosocial wellbeing in middle age stroke patients*. 2018.
- Therese Billgren & Santhana Khotsuno. *The effect of nursing interventions on children's psychological suffering during surgery*, 2021.

Transition coordinator course for nurses for the Stepstones implementation project. Lecturing. Fall 2021.

## Teaching in the bachelor's program in nursing

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1. *Nursing as a profession and science (semester 1)*, 7.5 higher education credits. Lecturing, leading seminars in theory of nursing and the nursing process and correcting exams. Spring term 2017 – Spring term 2021
2. Health and illness from a lifecycle perspective, care of children and adolescents. Lecturing, Leading workshops, leading seminars, correcting exams Spring 2017-Spring 2018
3. *Clinical supervision (semester 3)*. Academic supervision and examination of nursing students in semester 3 and 6 at pre and post operation ward, Frölunda Specialist sjukhus. Spring term 2017 – Spring term 2021.

## Public outreach

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1. Presentation of ongoing research with the Transition research group, 2018-04-21. The International Science Festival Gothenburg 2018.