

## Sofie Jakobsson, RN, PhD in nursing

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**Current position as a Senior Lecturer**, Institute of Health and Care Sciences, University of Gothenburg since October 2015. *The position is combined with a position as;*  
**Senior Nurse** (Universitetssjukhusöversjuksköterska) at the Department of Oncology, Sahlgrenska University Hospital, Gothenburg since September 2019.

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### Scientific merits

#### Education

**2012: PhD in Nursing.** Thesis: *Experience and alleviation of fatigue and gastrointestinal symptoms in patients undergoing radiotherapy*, Institute of Health and Care Sciences, University of Gothenburg.

**1993: Registered Nurse.** School of Health Sciences, Lund–Helsingborg, 120 credits.

#### Academic Title

**2020: Associate Professor** (Docent) in Nursing. University of Gothenburg.

#### Previous research positions

**2015-2016: Researcher** Gothenburg Centre for Person-Centred Care, University of Gothenburg.

**2013-2015: Postdoctoral Researcher** Institute of Medicine, University of Gothenburg.

#### Project Leader

**ImmLungCare – Person-centred and health promoting care in immunotherapy treatment in lung cancer.**

[ImmLungCare – Person-centred and health-promoting care in immunotherapy treatment for lung cancer | University of Gothenburg](#)

The ImmLungCare project aims to develop nursing interventions to enhance support, promote patient participation and strengthen patients' resources during immunotherapy treatment. The project focuses on enhancing care for patients with lung cancer and significant others. It is part of the SAROC-research group which focuses on symptoms and signs, health and quality of life research before, during and after oncological treatment and on developing and evaluating interventions to improve outcomes related to quality of life, cancer rehabilitation and satisfaction with care.

<https://www.gu.se/forskning/saroc>

**GoPT– Individualized management using biomarkers and person-centred care for patients with pituitary tumours.**

<https://www.gu.se/en/research/the-gothenburg-pituitary-tumour-study-the-gopt-study>

The multidisciplinary GoPT-group conducts research to improve care and wellbeing for patients with pituitary tumour through optimization of hormonal and surgical treatment, investigation of symptoms and signs correlations and promotion of person-centred care. As part of this collaborative research effort, I lead projects that investigate symptom experiences and develop and evaluate person-centred care interventions to improve patients' well-being.

## Research Funding over SEK 100 000 last 5 years

### 2026-2027 | SEK 600 000 | PI

Jubileumsklinikens Cancerfond – Quality of Life and Health Care Utilization During Adjuvant Immunotherapy for Locally Advanced Lung Cancer (ImmLungCare Project).

### 2025 | SEK 115 000 | Co-Applicant

Local R&D Council, Gothenburg and Southern Bohuslän – Patient perspective on advanced cancer rehabilitation. PI: Kajsa Berglind Malmström.

### 2024–2027 | SEK 2 700 000 | PI

ALF Funding (ALF-medel) – Developing and Evaluating Health-Promoting Person-Centred Support During Immunotherapy for Lung Cancer (ImmLungCare Project).

### 2024–2027 | SEK 5 250 000 | Co-Applicant

ALF Funding (ALF-medel) – Pituitary Tumours – Individualised Treatment Using Biomarkers and Person-Centred Care (The Gothenburg Pituitary Tumour Study). PI: Gudmundur Johannsson.

### 2024 | SEK 561 000 | PI

Regional Cancer Centre West (RCC Väst) – Improving Accessibility to and Integration of Hospital-Connected Care Team for Patients in a Palliative Cancer Trajectory.

### 2023 | SEK 104 000 | Co-Applicant

Local R&D Council, Gothenburg and Southern Bohuslän – Impact of Adjuvant Immunotherapy on Health in Patients with Locally Advanced Lung Cancer. PI: Niklas Olofsson.

### 2023 | SEK 300 000 | Co-Applicant

Sahlgrenska Cancer Comprehensive Center – Medication Compliance and Well-Being Through Personalized Care in Elderly Women with Metastatic Breast Cancer. PI: Karin Ahlberg.

### 2022 | SEK 216 000 | Co-Applicant

Regional R&D Funding (FoU-medel) – Physical Activity in Patients with Pituitary Tumours – A Prospective Randomized Controlled Study. PI: Thomas Skoglund.

## Publications in summary

Peer-reviewed publications: 42

Poster Scientific presentations: 45

H-index (Web of Science): 11

## Scientific assignments

### *Review panel at PhD dissertations.*

**June 2026:** University of Gothenburg/Institute of Odontology. **Nov 2025:** University of Gothenburg/Institute of Health and Care sciences. **Jan 2024:** Lunds university/Faculty of medicine. **Sept 2022:** University of Gothenburg/The Institute of Clinical Sciences.

### *Review panel at half-time seminars for PhD.*

**2019–2026:** Eleven half-time seminars at University of Gothenburg, University of Borås, Karlstad University, and Uppsala University.

### *Ongoing scientific assignments at Faculty level*

Responsible for the subject Nursing at advanced level (Ämnesföreträdare för Omvårdnad på avancerad nivå).

Board member of The Sahlgrenska Academy's Council for Research Ethics (FER).

## Scientific supervision

### Post-Doc supervision

**Ongoing:** Sandberg Anna PhD, physical therapist. Institute of Medicine, University of Gothenburg. Subject: *Person-centred physical activity and exercise after surgical treatment for patients with pituitary tumours.*

**2019–2020:** Heckemann Birgit PhD, RN. Institute of Health and Care Sciences/Gothenburg Centre for Person-Centred Care, University of Gothenburg. Subject: *Person-centred documentation in long-term illness.*

### PhD-student main supervisor

**Ongoing:** Olofsson Niklas RN. *Developing and evaluating health promotive person-centred support during immunotherapy for lung cancer- the ImmLungCare project.* Institute of Health and care Sciences, Univ. of Gothenburg.

**2022:** Lundin Gurné Frida RN. *Promoting healthy lifestyles: perspectives from nursing practice, media and the general population.* Institute of Health and care Sciences, Univ. of Gothenburg. Dissertation 21<sup>st</sup> of October 2022.

### PhD-student co-supervisor

**Ongoing:** Kajsa Berglind Malmström RN. *Improved self-efficacy during and after cancer treatment through a cancer rehabilitation program with advanced interventions.* Institute of Health and care Sciences, Univ. of Gothenburg.

**Ongoing:** Tapia Robles Jimena RN. *Enhancing quality of care in patients with chronic liver disease.* Institute of Medicine, Univ. of Gothenburg.

**2026:** Andersson Jenny RN. *Stroke-symptoms and mortality.* Institute of Medicine, Univ. of Gothenburg. Dissertation 19<sup>th</sup> of March.

**2023:** Rosenlund Lena RN. *Towards an item bank to measure patient-reported experience of person-centred care.* Institute of Health and care Sciences, Univ. of Gothenburg. Dissertation 24<sup>th</sup> of March.

**2023:** Frändemark Åsa. MD. *Factors of importance for work productivity in irritable bowel syndrome.* Institute of Medicine, Univ. of Gothenburg. Dissertation 3<sup>rd</sup> of February.

### Master-student main supervisor

**Ongoing:** Vestberg Natalie RN. *Care at home from an Oncology Nursing Specialized Mobile Unit.* Institute of Health and care Sciences, University of Gothenburg.

**2024:** Brännlund Hanna RN. *Women's health before surgical treatment for suspected or verified gynecological cancer.* Institute of Health and care Sciences, University of Gothenburg.

**2023:** Olofsson, Niklas RN. *Existential concerns of patients with lung cancer receiving Durvalumab.* Institute of Health and care Sciences, University of Gothenburg.

**2018:** Rylander, Jessica RN. *Experiences undergoing repeated colonoscopy in patients with chronic intestinal disease.* Institute of Health and care Sciences, University of Gothenburg.

### Supervision of Student Research Assistants

**2026:** Hedna Mouna, student in the Medical Programme. Research project ImmLungCare – Person-centred and health promoting care in immunotherapy treatment in lung cancer.

**2024:** Al Zoubi Marya, student in the Medical Programme. Research project GoPT– Individualized management using biomarkers and person-centred care

**2017:** Sunder Miriam, student in the Nursing Programme. Research project GEKKO- experiences and medical quality in colonoscopy.

**2015:** Olsson Bronander Magda, student in the Medical Programme. Research project GEKKO- experiences and medical quality in colonoscopy.

**2014:** Lindström Marie, student in the Speech and Language Pathology Programme. Research project PIM-Care effect of person-centred care in internal medicine inpatient care.

### Reviewer abstract for scientific conferences

**2026:** Global Conference on Person-Centred Care- Knowledge(s) and Innovations for Health in Changing Societies, International conference in Gothenburg.

**2024:** Global Conference on Person-Centred Care- Bridging Practice, Organization and Governance, International conference in Gothenburg.

**2017:** Swedish National conference in gastrointestinal illness. Gothenburg.

**2016:** Swedish National conference in gastrointestinal illness. Visby.

### Conference arrangements

**Ongoing:** Lead Organizer of recurring local nursing conference at the Department of Oncology, Sahlgrenska University Hospital covering current topics in oncology nursing care.

### Stakeholder engagement- in collaboration with:

**Lungcancerföreningen (ongoing).** Patient and public involvement in the research project ImmLungCare – Person-centred and health promoting care in immunotherapy treatment in lung cancer.

**Cancerfonden (2025).** Moderator National Conference. Möjlighet att leva väl- Conference in oncological nursing research.

**AbbVie (2025).** Invited lecturer: Person-centred care in theory and practice for health care professional at the hematological department, Kristianstad sjukhus.

**Regionalt Cancer Centrum (2024).** Invited lecturer: Alleviation of fatigue within health promotive and person-centred care.

**Pfizer (2024).** Invited lecturer: Alleviation of fatigue within health promotive and person-centred care.

**Studentlitteratur (2023):** Production of teaching material. Book: Jakobsson, S., & Langegård, U. *Omvårdnad och cancersjukdomar- i samband med onkologisk behandling.*

**Cancerfonden (2023).** Invited speaker: Implementation of nursing research within clinical practice.

**Blodcancerförbundet (2021).** Invited lecturer: Seminar on person-centred care.

**Pfizer (2020).** Revision of information brochure for patients: Fatigue during cancer and cancer treatment- information and self-care.

## ***Pedagogic Merits***

### **Formal pedagogic education**

**2012:** Courses for Teaching and learning in higher education: Basic course (PIL101), Subject Field Pedagogy (PIL102) and Applied analysis (PIL103). The Unit for Pedagogical Development and Interactive Learning (PIL) at the University of Gothenburg.

### **Specific Courses in higher education**

**2017:** Supervision of bachelor and master thesis (PIL201), 5 hp. PIL-unit at the University of Gothenburg.

**2014:** Supervision in postgraduate programs (PIL304), 5 hp. PIL-unit at the University of Gothenburg.

**2013:** Assessment and examination (PIL303), 5 hp. PIL-unit at the University of Gothenburg.

### **Production course literature**

Jakobsson S & Långegård U. (2023). *Omvårdnad & cancersjukdomar, i samband med onkologisk behandling* [Nursing during cancer treatment]. Studentlitteratur. ISBN: 9789144157573.

### **Pedagogic leadership**

**Ongoing:** Responsible for the Specialist nursing programme in oncological care at the Institute of health and care Sciences from 2019 at the University of Gothenburg.

### **Recent pedagogic development projects at the Institute of health and Care Sciences**

**Ongoing:** Review and analysis of how the discipline of nursing is articulated in Master's-level thesis completed between 2021 and 2024.

**2020:** Project: Support for academic writing at advanced level within specialist nursing programmes.

### **Third-cycle education at the Institute of health and Care Sciences**

#### ***Course administrator***

**2025:** SFUOBL4 Introduction to research theory and quantitative and qualitative design, 5 hp.

#### ***Teaching experience***

**Ongoing:** SFUOBL4 Introduction to research theory and quantitative and qualitative design. *Seminar and lecture on Qualitative methodology and Qualitative Interviewing.*

**Ongoing:** SFUOBL Introduction to scientific writing and communication. *How to visually communicate results from a qualitative study.*

#### ***Course Examiner***

**2024:** Vetenskapsfilosofiska grunder, metodologiska ansatser och forskningsetik inom vårdvetenskap 3 hp.

**2021:** Vårdvetenskapliga seminarier 3 hp.

## **Second-cycle education at the Institute of health and Care Sciences**

### *Course administrator*

**Ongoing from 2019:** Several courses within the Specialist Nursing programme in Oncological care.

### *Teaching experience*

**Ongoing:** recurrent teaching within the Specialist Nursing programme in Oncological care. For example, person-centred care, scientific methodology within nursing, symptoms and signs, symptoms and side-effects during cancer treatment.

**Ongoing:** 1-2 Supervision/semester of one-year master's thesis within the Specialist Nursing programme in Oncological care, in total 29 supervisions.

**2015-2018:** Recurrent teaching within the Specialist Nursing programme in medical care.

**2012-2013:** Recurrent teaching within the Specialist Nursing programme in Oncological care.

### *Course examiner*

**Ongoing from 2019:** Several courses within the Specialist Nursing programme in Oncological care

## **First-cycle education at the Institute of health and Care Sciences**

### *Teaching experience*

**Ongoing:** Recurrent teaching in person-centred care and oncological nursing within the Nursing programme.

**Ongoing:** Recurrent 1-2 Supervision/semester of bachelor thesis within the Nursing programme, in total 23 supervisions.

### *Course examiner*

**2023-2025:** Course Symptoms and signs in health and illness.

### *Clinical examiner*

**Ongoing:** Recurrent supervision and monitoring of students during clinical placements at the department of Oncology at Sahlgrenska University Hospital (practice-based education).

## **Clinical Merits**

### **Formal clinical education**

**1993: Registered Nurse.** School of Health Sciences, Lund–Helsingborg, 120 credits.

### **Positions**

**Ongoing:** Senior Nurse- Universitetssjukhusöversjuksköterska at the Department of Oncology at Sahlgrenska University Hospital.

**2019-2022:** Clinical Nurse at the Department of Oncology at Sahlgrenska University Hospital.

**2002-2013:** Clinical Nurse at the Department of Oncology at Sahlgrenska University Hospital.

**2000-2002:** Research Nurse at the Department of Oncology at Sahlgrenska University Hospital.

**1997-1998:** Clinical Nurse at the Department of Medicine at Sahlgrenska University Hospital.

**1995-1997:** Clinical Nurse at Elderly Homes in Gothenburg City.

**1994-1995:** Clinical Nurse at the Department of Oncology at Lund University Hospital.