

## **CV**

**Sara Voxendal**

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### **Work Experience**

#### **2024-present**

##### **PhD-student**

Sahlgrenska Academy, Gothenburg University. PhD-student 50% at the Institute of Neuroscience and Physiology. The title of the PhD-project is "Recovery oriented interventions for work and study for persons with psychosis- is there equality of access?"

#### **2016-01 – Present**

##### **Individual Placement and Support- method supervisor**

Work-Oriented Rehabilitation (AIR), Sahlgrenska University Hospital Psychosis Clinic. Provide group and individual supervision in a work-rehabilitation method called Individual Placement and Support (IPS). Work with method development and quality assurance for a team of employment specialists, creating shared routines and goals to improve the work process.

#### **2008-06 – 2018-12**

##### **Occupational Therapist / Employment Specialist**

Work-Oriented Rehabilitation (AIR)

Worked as an occupational therapist and employment specialist using the IPS method with individuals who have or have had psychosis-related difficulties. Build relationships and support individuals throughout the process toward employment, including support at workplaces. The method includes identifying strengths and barriers, matching and contacting employers in the open labor market, and helping individuals apply for jobs or internships based on their preferences. I have also used art therapy as additional support in the process.

#### **2005-09 – 2008-05**

##### **Occupational Therapist**

Psychosis Outpatient Clinic, Team 618, Sahlgrenska Psychiatry Rehabilitation and support for individuals with extensive and complex needs and psychotic disorders.

#### **2004-11 – 2005-08**

##### **Occupational Therapist**

Stroke Ward 116, Sahlgrenska University Hospital  
Rehabilitation of stroke patients.

**2002-09 – 2004-06**

**Occupational Therapist**

Neuro Rehab, Eskilstuna Hospital

Rehabilitation of individuals with various neurological diseases and injuries such as MS, polio, stroke, etc.

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**Education**

**2017**

Three-day basic training in Motivational Interviewing (MI)  
Symposium, Christina Näsholm

**2017-09**

Supervisor Training in IPS-Supported Employment, online training from the USA, 10 weeks

**2016-01**

Supervisor Training in Work Rehabilitation, 7.5 credits, Lund University

**2007–2009**

Master's Degree (60 credits) in Art Therapy, Umeå University

**Assessment of Motor and Process Skills (AMPS)**

**2002**

Bachelor's Degree in Occupational Therapy, Linköping University

**1997**

Rudolf Steiner Upper Secondary School, Gothenburg

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