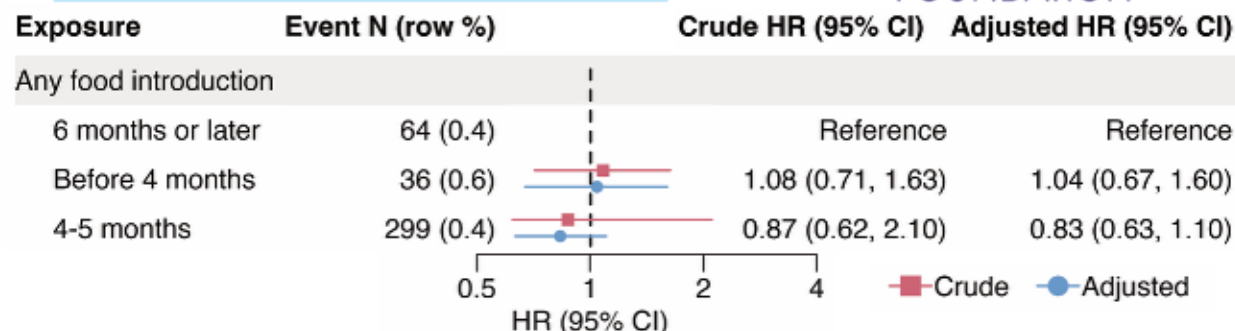


Timing of Complementary Food Introduction Is Not Associated With Inflammatory Bowel Disease Risk: A prospective birth cohort study

OBJECTIVE

This study aimed to examine the association between **complementary food introduction** and **inflammatory bowel disease (IBD)** risk, as there is a lack of large-scale cohorts based on **prospectively collected data**.

RESULTS



The **timing of complementary food introduction** was **not** associated with **inflammatory bowel disease** development.

STUDY DESIGN

Norwegian
MoBa birth
cohort
(n=82,291)



Swedish
ABIS birth
cohort
(n=11,947)



N = 94,238

- < 4 months
- 4–5 months
- ≥ 6 months

IBD by ≥2 diagnostic records in **national patient registers**.
1,562,350 person-years of follow-up.

IBD INFLAMMATORY
BOWEL
DISEASES®