

Skills for Life

We spend our whole lives learning things, sometimes without even noticing it – everything from walking and talking, to being able to use a computer, or speaking a new language. And, there are also many more, abstract skills that we need in life. How do we learn new skills? What else do we learn in the process? What skills do we need in life?

Preparation

For **Part 1**, look at the mind map below. Prepare to tell your partner about **one or two** practical skills that you have learned.

Also, take a look at the instructions, questions and different choices in **Part 2** which focuses on **more abstract** skills.

Part 1 – Present and Interact

A Tell your partner about one or two practical skills that you have learned.

Describe for example ...

- how it started – why you became interested
- who helped you and how you practised
- the ups and downs along the way

B Discuss with your partner.

- Why are these skills important and/or useful – to you and to other people?
- In what way are they skills for life and for the future?
- Do you both agree/disagree? Why? – Why not?



Part 2 – Interact and Discuss

Look at the skills and personal qualities below.
Choose **at least two each** to discuss with your partner.



Explain, compare, give examples and give reasons for your opinions.

- In what ways are your choices important skills for life?
- How do people learn them?
- Decide together which of the skills you think is the most important.
- How could this skill be meaningful
 - in people's social lives?
 - in society?

positive thinking

cooperating with other people

problem solving

listening to others

tolerance – accepting people for who they are

self-discipline

taking responsibility

social skills

logical thinking

being honest

endurance – not giving up, not losing hope

standing up for what you believe in

feeling responsible for others

handling stress

?

your own suggestion

being reliable

empathy – being able to imagine yourself in someone else's shoes

taking initiatives

self-confidence

creative thinking – being able to think outside the box