

Pain Research Network Day 19th November

"Comorbidity of chronic pain and mental health disorders: Breaking the cycle"



Time: 9:00-16:00

Venue: Birgit Thilander, Academicum, Medicinaregatan 3, Göteborg

The *Pain Research Network Day* welcomes all pain researchers working in the fields of acute, cancer-related, or chronic pain, whether in clinical sciences, epidemiology, or basic sciences. The aim is to provide an arena for networking, by showcasing research groups and ongoing research projects. The annual *Pain Research Network Day* is co-organized by the University of Gothenburg/Sahlgrenska Academy and the Region Västra Götaland, as an in-person event. There is an option to attend online, but online participants will not be able to fully participate in the discussions.

Book your place via the "[Regionkalendern](#)." Registration closes on the **3rd of November**. You can choose to participate in-person or online during the registration and specify any dietary requirements (included for in-person participants). The venue can accommodate up to 50 people. If you join online, you will receive a video link by the end of week 46.

All presentations at *The Pain Research Network Day* will be in English. If you are more comfortable to ask questions in Swedish, you are welcome to do so.

You can also showcase your own work in a poster exhibition. Register your poster when you book your place the *Pain Research Network Day* (See below for more information).

We look forward to welcoming you to the *Pain Research Network Day* 2025!

Ass prof. Paulin Andréll, Senior Consultant, Adjunct Senior Lecturer in Pain Medicine
Institute of Clinical Sciences, Sahlgrenska Academy/Pain Centre, Sahlgrenska University Hospital

Professor Anna Grimby-Ekman
School of Public Health and Community Medicine, Institute of Medicine

PhD Anke Samulowitz
Centre for Equity in Health Care/School of Public Health and Community Medicine

PhD Carmen Corciulo
Institute of Neuroscience and Physiology, University of Gothenburg

PhD student Josefin Larsson, Registered Nurse
Institute of Clinical Sciences, Sahlgrenska Academy/Department of Anaesthesiology and Intensive Care Medicine, Sahlgrenska University Hospital

Research nurse Sofia Jonsvik
Department of Anaesthesiology and Intensive Care Medicine, Sahlgrenska University Hospital

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Kl.8.30-9.00 Poster set-up (uppsättning av posters)

Kl.9.00-9.15 Welcome

Anna Grimby-Ekman, Paulin Andréll

Kl.9.15-9.20 Introduction: Comorbidity of mental health disorders in chronic pain

Paulin Andréll

Kl.9.20-9.45 The interaction between sleep and chronic pain

Ludger Grote, Professor at Institute of Medicine, Sahlgrenska Academy, Gothenburg University,

Kl.9.45-10.15 Stress-related mental health problems focusing on burnout and exhaustion disorder

Kristina Glise MD, PhD, senior physician at Institute of Stress Medicine in Gothenburg

Kl.10.15-10.45 Coffee break

Kl.10.45-11.10 Something new in depression treatment?

Steinn Steingrímsson, Senior consultant and senior lecturer in psychiatry, Sahlgrenska Academy

Kl. 11.10-11.35 How is anxiety and depression assessed in different types of clinical trials?

Fredrik Hieronymus, MD and researcher at the University of Gothenburg

Kl. 11.35-12.15 The Brain Fatigue Syndrome – Understandable, Identifiable, and Manageable

Birgitta Johansson, Associate Professor at the University of Gothenburg and specialist in neuropsychology

Lars Rönnbäck, Professor Emeritus and former senior consultant, Sahlgrenska Academy

Kl.12.15-12.40 Panel discussion

Kl.12.40-13.30 Lunch including poster session

Kl.13.30- 13.50 Societal Impact of Pain Sweden – Forskning tillsammans!

Anna Grimby-Ekman, Paulin Andréll, Marie-Louise Olsson ordförande Riksförbundet Fibromyalgi och långvarig smärta

Kl.13.50-15.20 Research presentations

Kl.13.50-14.10 Improved self-efficacy during and after cancer treatment through a cancer rehabilitation program with advanced interventions

Ulrica Langegård, Associate professor, specialist nurse in oncological care at Regionalt centrum för cancerrehabilitering, Sahlgrenska Universitetssjukhuset

Kl.14.10-14.15 Short break

Kl.14.15-14.35 Assessment of Fatigue and Psychological Symptoms in Research Involving Patients with Chronic Widespread Pain

Sofia Juhlin, Reg. Physiotherapist and, PhD at Smärtteam Västra Götaland, Uddevalla

Kl.14.35-15.00 Coffee break

Kl.15.00-15.20 The Association Between Pain and Psychiatric Conditions in Adolescents: The Impact of Gender and ADHD Diagnosis

Sara Lundqvist, Child and adolescent Psychiatrist, PhD student, Institute for Neuroscience and Physiology, Gothenburg University, Child and Adolescent Psychiatric Clinic, Sahlgrenska University Hospital

Kl.15.20-15.50 Workshop and reflection –How can we use this knowledge in our research?

Kl.15.50-16.00 Summary and closure

Poster exhibition

During the Pain Research Day, there is an opportunity to present “reused” posters, previously presented at scientific congresses in 2024/2025. Have you presented a poster at the EFIC congress or Smärtforum? Then you can “reuse” your poster for presentation at the Pain Research Network Day. When you book your place in Regionkalendern, indicate if you want to present a reused poster. Please write in the comment field when registering, the size of your poster.

The following times apply for poster presentations:

8.30-9.00 Poster set-up (material available on site)

13.10-13.30 Poster presentation (stand by your poster and present to curious visitors)

If you have any questions, please send an e-mail to anna.ekman@gu.se or paulin.andrell@gu.se

The Pain Research Network

The Pain Research Network organizes regular PhD student, postdoc and network meetings. You can find information about upcoming activities on our website:

<https://www.gu.se/medicin/forskningsnatverk-for-smarta>

Would you like to present your research group/research at the next Pain Research Network Day? Please send an e-mail to paulin.andrell@gu.se or anna.ekman@gu.se.