

## **Exempel 1-3 bedöms motsvara följande delar av kriterierna för engelska på nivå 1:**

I skriftlig framställning och interaktion uttrycker sig eleven med viss språklig säkerhet och till viss del anpassat till syfte, mottagare och sammanhang. Eleven använder dessutom strategier som i viss utsträckning underlättar och förbättrar interaktionen.

### **Exempel 1**

*A Good life for me is when I'm with friends and family, then I feel happy. Happiness is the best thing in life. It doesn't matter if you don't have money or if you have a bad day. As long as there are things in your life that can make you happy. Ofcourse there are different things that could make someone happy, It doesn't need to be family or friends. Maybe someone can get happy when they have been exercising. I feel happy when I have been waiting a whole week for a special TV program, and then I'm about to watch it. I think that, If you're not happy, then you need to find your own way to get happy.*

*There is no way you can be happy all the time but as long as you know that you will get happy again soon, Then you're happy. I don't think you will need anything as long as you are happy, but without anything... then it's hard to get happy. I don't think the idea of a good life has changed over time, I think it always has been the same. And I don't think there is any way for me to reach a good life, because I'm already in it. As long as it stays as it is, Then I will have a good life. That can be done if I make decisions in my life, that makes me and all the people around me happy. Maybe it's not that easy but I will try.*

*A good life for people in general – I think – is to get a good job, tons of money and being better than everyone else. But for me that's not always a good life. A Good life is about how you feel.*

## Exempel 2

*You can find a lot of important things in life.*

*From when you are a baby it's very important to receive love from your family and know that they are always going to be there for you. Friends are actually very important too a good friend is like a sister/brother. I'm going to talk first about the different things you can't live without except love, family and friends because I have already talked about them.*

*Your health it's the first you must think about, because you can die if you don't think about your health, sport is a very important thing for your health.*

*The second important thing is education, you must have education, if you will do something with your life, like a job. If you don't have an education, you can't have a job, and if you don't have a job, you don't have money to live your life. That's three things that are the most important for you in life. For a good life, you can travel to many different countries, and view other cultures. You can be interested in a sport too, like dance, that it makes you feel good or music that can be an important thing for you in life when you need to go out of your mind and think about other things.*

*Be positive for a good life. If you maybe don't have a good life, you must try to do it good. If you for example are not good because your grandmother died, you can see that negatively and stay home, cry and be depressed or think that she is better now because she maybe doesn't feel good. We adolescents are very negative, when we are going to school, "Oh fuck, no school again" but you can think "It's going to be so fun to meet my friends again" and think that you can't do anything without studies. When you are 30, are you going to think. "It was more funny to go in school than a job".*

*I think: all the kids in the future must think more about what they have, than what they didn't have, because it feels good to think positively.*

## Exempel 3

### *A Good life*

*To have a good life you must be well and Have a good Girl friend or wife, and you need to Have a House So you can Have it nice. And you need to Have a Job so you can pay food, rent, clothe and other things.*

*A good life for me is to Have a Apartment to live in, and A Girlfriend to Hug and some Good friends to do some super Great things, And I need a TV to So I can Play games and watch Tv and movies, but that I needs most i a very big bed so I can roll in my bed.*

*To reach my good life I must finish school and Get a Job so I can Get money and buy my apartment and my big bed. Then I must find a girlfriend to be thiv, and I must stop buying candy and sodas all the time so I can save some money, And I have to take responsiblity of my life.*

*in the future we need to Have more elcars so we can Save the world, but if we don't do that all people in the future will not Have a good life like we Have.*

*for like 60-years ago allmost all people did work to give food to whers family and they didnt know that smoking was bad for you, now days allmost all people travels to see the world and now we know the Somoking is bad for yor and all araond you.*

## **Exempel 4-6 bedöms motsvara följande delar av kriterierna för engelska på nivå 1:**

I skriftlig framställning och interaktion uttrycker sig eleven med språklig säkerhet och i huvudsak anpassat till syfte, mottagare och sammanhang. Eleven använder dessutom strategier som underlättar och förbättrar interaktionen.

### **Exempel 4**

*The definition of a good life has, as many other things, changed through time. The biggest change for people nowadays compared to people in the history is generally food. It is so much easier to get food now than it was before. For example, we are not depended on hunting. Of course was the health also important. If you ask a couple of people what their vision of a good life is, they would probably answer nearly the same. People you enjoy spending time with around you, your health, a wellpaid and interesting job and that you have time for your hobbies, is a very common answer. The amount of people that says this is very high. The group of people includes me. The things above, in the common answer, makes me happy. Because I don't have a job, the education is very important. I can not decide right now what I want to work with.*

*That is one of the biggest and most important decision in every human beings life. Love is also huge in life. Do I want to move to another place, maybe so far away, I need to quit my job and say goodbye to my friends, for love? That is a very tough question and I give credit to all the people who solves the question well.*

*Another big question is how do I get a good life? First of all you need to be yourself. Do not pretend to be someone else.*

*If you are yourself, the people around you like you for who you really are. The people that likes you less, will spend less time with you. Everyones a winner, including you. You also need to focus on your education/job, to be a good friend, your health and training and many other, more individual things.*

*My advice to you all is to be yourself in the future!*

## Exempel 5

### A Good Life

*Laughing with friends, have the best look, love people or just do exactly what you feel. What makes you happy? What make me smile? That is a very good question. I think it depends on a lot of things...The way you decided to live, your childhood, what you been through in life, how your family thinks and so on. So if we start to look from my view of a good life, I think it all starts with one thing and that is love. The fact that you actually have people that care about you and love you. When you feel love you also feel that you are safe, because if you do love somebody then you will do your best to protect and keep this person safe. You will also be there for the person if something bad happens. So this is the "numbre one" on the list to a good life. Have people around you that love you and that you love back. But the sadly truth is that many people don't feel love from people and if they don't...they try to find happines in other things like money. Back to my view, like i said love is numbre one, then I think you should build your life on things you think is important and that actally will matter. I think everybody have a choice of what sort of life they want to live! I want to live my life not just for me and all things I like. I wanna live it for other people. I wanna be a rolemodel. Of course it's importan to take care of yourself too. For me it's importan to sport and be fit but it's just a little part. My interests are also importan. I really love music it helps me a lot and I love fasihon, clothes. And yes nowadays clothes is importan but I don't love it because the right clothes will make me popular. I love it because fashion intrests me. It's like a sport for me. But just like be fit this is just a little part in my life, that I do because I love it and you need things that you are passioneded about. My family and friends are also one of the most importan things in life. One thing my heart burn for is other people, to help them, to show them that it not just about just drink, have the nice job, be super skinny. A good life is to try to see all the good things and stay positiv. You can have a lot of bad things going on but you will get through it too. You need to be grateful of wah't you got. You also need to be carefull of what you got. You don't know what you got until you missing it a lot. So my advice is to love people, forgive, laugh much, stay strong, stay positiv, never let someone hurt you, fill your life with things that build you as a person and actally accept yorself for who you are. Try to not compare to your friends. You are unic and perfectly made exactly as you are. But things twice before you make a chocie because if you pick the wrong way it's hard to get back where you want to bee. There are to many people that just trying to be perfect on everything and they miss to smile and have fun. Challeng yourself, you can do more than you think. Don't focus on what other people thinks. Be a role model and take responsibility!! Don't forget to smile! ☺*

## Exempel 6

*A good life involves a lot, for most people it involves family, friends, joy and happiness. It also involves love in different kinds of ways.*

*The most important part of a good life is to have someone that you can share it with, doing everything alone won't be fun for anyone. I think that most people would include love in a good life, the feeling of loving someone and having someone that loves you back can make a life a whole lot better!*

*For me a good life includes happiness and love, to give and get from family and friends. You can give me all the money in the world and buy me the biggest house with an awesome car and it wouldn't matter if I don't have my family and friends. So for me that's the most important part of a good life.*

*When you talk about the good life it gets really hard. because when you think it through you realise that there are many things that won't matter at all. I know that I usually say that if I had this specific thing (for example a blouse, a phone or a pair of shoes) I would be the happiest girl on the planet. But when I think it through I know that's a lie, I don't need that to live a good and happy life.*

*To have a good life and live a good life you need to feel good. If I don't feel good about myself, I won't be happy. So health and wellness are also included in the good life I think. Now you might wonder what kind of health I'm talking about, I think it's important to feel good in yourself, in your skin. A good health for me is when I work out at the gym but also eat the food that I like and loving myself when I look in the mirror. It's about self-confidence, I think that if you feel good physically it will help you feel good mentally.*

*I would also say that if you are comfortable, you will be happy and that leads us to a good life. If you like the place that you live in, the house, the neighborhood and the city you will feel comfortable. The work position matters to, don't matter if it's your job or the school that you go to.*

*As I said before, when I think about the good life owning things isn't a high priority. But I think there are people that would be happy if they owned a lot of things.*

*But now to the big question, how can you reach a good life? I actually have a lot of things to say about that, one year ago I didn't feel that my life was that good. I had a great family, I also had a lot of friends but many of them gave me bad energy. If you want a good life it's important that you prioritise things. If it helps you, you could make a list of the things you think you need to live a good life.*

*I needed to feel good about myself and I needed to be surrounded by people that I liked and so on. So that was my goal, starting by being more positive and reach for my goal. I started training and got rid of the people that brought me negative energy.*

*To reach a good life you have to think through what you really want and then go for it.*

## **Exempel 7-9 bedöms motsvara följande delar av kriterierna för engelska på nivå 1:**

I skriftlig framställning och interaktion uttrycker sig eleven med god språklig säkerhet och anpassat till syfte, mottagare och sammanhang. Eleven använder dessutom strategier som underlättar och förbättrar interaktionen och för den framåt på ett konstruktivt sätt.

### **Exempel 7**

#### *A Good Life*

*The thing that is most important to people in general is love. If you don't feel loved or give love to others, you will not feel any happiness in life. To feel important, to have a nice job where you can make yourself a living and pay for your rent, bills and food is also important. You have to have human rights, like being able to go to school and drink clean water. The most simple thing as having a bed to sleep on is something that we normally don't pay attention to. Many people in the world are homeless or to pore for being able to buy a bed!*

*There are many important decisions that we need to do in our lives. One of them is what we want to work with when we grow up. In the long terme, the small decisions are the ones which shape us into becoming the persons that we are today. For example what kind of clothes we wear, which sort of people we hang out with, what we do in our spare time and so on. We do not change over night.*

*Personally, a good life for me is for me and my family to be healthy, to be able to enjoy life at its fullest with delicious food, hard but fun work outs and traveling. To be able to have a job which you think is amazing and fun is something that a lot of persons do not have.*

*The idea of a good life has changed in the way that more and more people think that money is more important than family and that it is not important to have children. A lot of couples buy a dog or a cat instead of having a baby. I think that it is redicilous because money can not buy you luck and a cat or a dog could never give you the amount of love that a child would.*

*I think that topics as clean water, food and health will be important for future generations. The amount of humans on our planet is only growing more and more and that will leed into less food and more problems. I hope that the future generations pay more attention to the enviroment because it is very important! How are they going to live if fealds full of food dry out while other places experience huricans and other nature-cathastrofies! We have to stop thinking at ourselves and start looking at the problems around us, because if we do not, who will?*

## Exempel 8

*What makes a good life good?*

*There's a million answers to this question but I personally think that if you consider your life a good one, it is a good one. So it is all about what you feel on the inside because who is someone else to judge you and how you decide to live your life?*

*But there are certain things in life that I consider important. For an example: I love to be creative and make music with my band, my point is that recreational activities or hobbies are truly great for everyone. Maybe you'd appreciate to go to one of your favorite bands concerts? Last summer me and my dad went to Stockholm to watch Foo Fighters, one of my favorite rock bands, perform live. It was one of the best experiences so far in my life. The energy and the ambience was fantastic and the performance was flawless. So a hobby will do fine, it's a great thing to have in your life.*

*Another important aspect in a good life is friends. You need atleast one person to be able to talk with. My girlfriend is that person that I can talk to about anything, just like my family. She has grown to be a part of me. Feels very comforting to have a such a loving and caring person in my life. We're both pretty interested in living healthy even though we eat way too much Ben N Jerry. That's another thing: Enjoy the little things in life. However back on track, feeling heathy is great. Exercising gives you energy for school and other activities, and eating healthy makes you feel great too since you support the enviroment and your own body.*

*A good life is not defined by the things you owe. Money doesn't buy you happiness but the things you do and say do bring happiness to your mind. Treat people like you'd like to be treated and you'll be treated good in return. Same thing for love. Love like you'd like to be loved and you will be.*

*The only person in this world who can truly confirm that you've reached a good life is you because you decide the definition of a good life. Don't let anyone else judge you. I think that's one of the problems today. The future generations should stop judging books by its cover and start judging it by the meaning and the purpose behind the book. A good life should involve taking risks and taking every chance to pursue our dreams. I'm going to finish with a quote:*

*"Chances to move mountains are few and far between, but only unseen by those who choose them to be."*



## Exempel 9

*What defines a good life? Is it a good job and a lot of money in your wallet? Or is it a big social life that is important? Maybe a good life is having just what is essential to live.*

*If you asked some people about what their ideas of a good life is, I think many answers would be similar. You need food, a place to live and love from friends and family. These are things that we in the richer parts of the world takes for granted, but in the poor contries you would consider yourself very lucky if you owned these three things.*

*As I mentioned earlier, the definition of a good life depends on who you're asking. Some people in Sweden might say that a computer or a TV is something you need to have, while in Somalia you're happy if you know that you have food for the day.*

*Personally I think we're making fools out of ourselves when we say that some things are necessary to own in order to have a good life, like a new expensive car. We don't need to spend lots of money to be happy, a good life comes from security, like family and education.*

*When I'm saying that a good lif doesn't come from money I don't mean that we should stop buying stuff and just own what is necessary to live, I just think that we should stop letting our money define how happy we are. Yes a good life means economical security, but not in a way that makes you buy everything you want, because that wont make you happy.*

*This talk about our urge to own things brings me to the next topic, how the idea of a good life has changed over the years. Back when we lived in caves were food the most important thing. You had to get your own food to be able to survive. Maybe you had a family aswell, but you had no urge to own unnecessary things. Over the years, when humans evolved and our greed did aswell. You didn't live to survive anymore, you could just go and buy your food.*

*Greed grew in us. You wanted the biggest house, most expensive clothes, most money etc.*

*I guess you could say that over the years the ide of a good life became more complicated, these days you need much more than you needed for 2000 years ago.*

*So how will this change in the future? I think that our greed will become larger if we don't do anything about it. We need to learn how to seperate the necessary things from the unnecessary.*