



# **WHEN PUSH COMES TO SHOVE: ASSESSING THE IMPACT OF SOFT-PUSH-TO-WEB VERSUS HARD-PUSH-TO-WEB STRATEGIES IN MAILED ONLINE QUESTIONNAIRES**

---

European Survey Research Association 2025 Conference  
Session: Recruiting Web Surveys via Postal-Mail: Best-Practice, Experiments, and Innovation 2

**FELIX CASSEL & SEBASTIAN LUNDMARK**  
**THE SOM INSTITUTE**  
**UNIVERSITY OF GOTHENBURG**



## Background

- Rising costs for printing and postage of questionnaires a contemporary challenge for survey research
- Push-to-web strategies have been found to have negative effects on response rates (e.g. Saskhaug, 2019)
- However, recent evidence from our own institute found no negative effect on response rates (Sandelin, 2024)
- Reasons that push-to web strategies can be beneficial:
  - Lower costs related to printing and postage
  - Increased digital literacy
  - Expansion of internet access (96% internet coverage in Sweden)
  - Expansion of smartphone use (95% use in Sweden)
- However, push-to-web approach can increase breakoffs/partials (Sandelin, 2024)
- How hard can we push people to web in mailed online questionnaires?

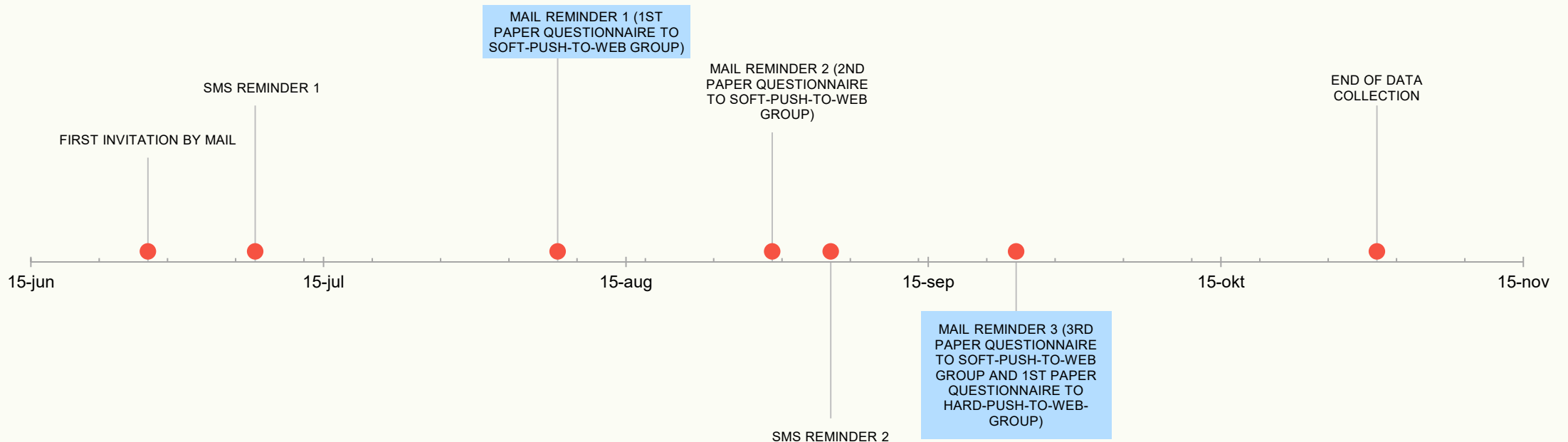
## Purposes

1. Test whether two different push-to-web strategies produced dissimilar:
  - Survey response rates
  - Data quality
  - Nonresponse bias
2. Test a potential field plan for the SOM Institute's new probability panel  
(Longitudinal Swedish Citizen Panel)



## Procedure

- Push-to-web mixed-mode survey of a random probability sample in Sweden (N = 4,046)
- Field period: June-October 2024
- No incentives

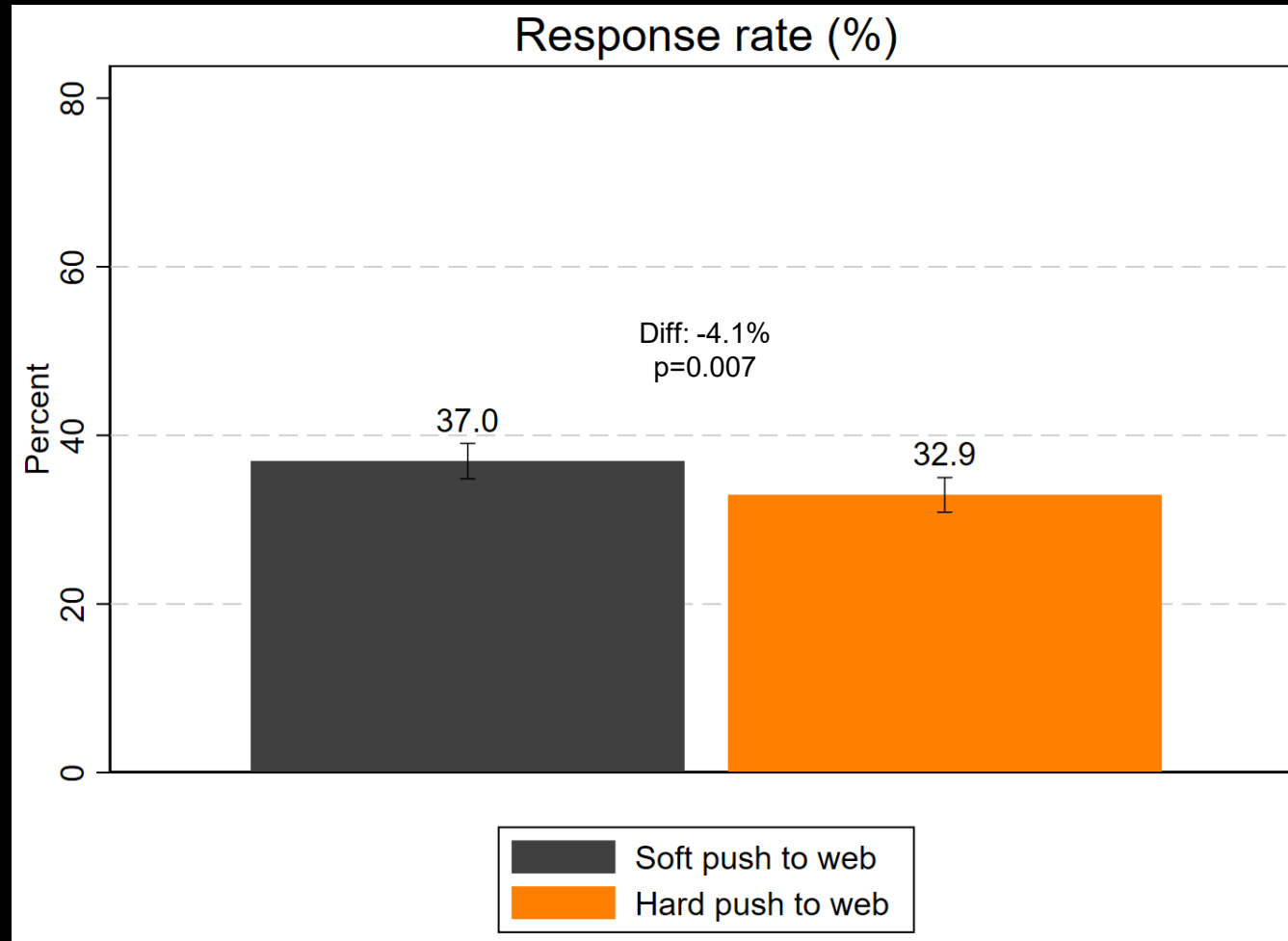




# RESULTS

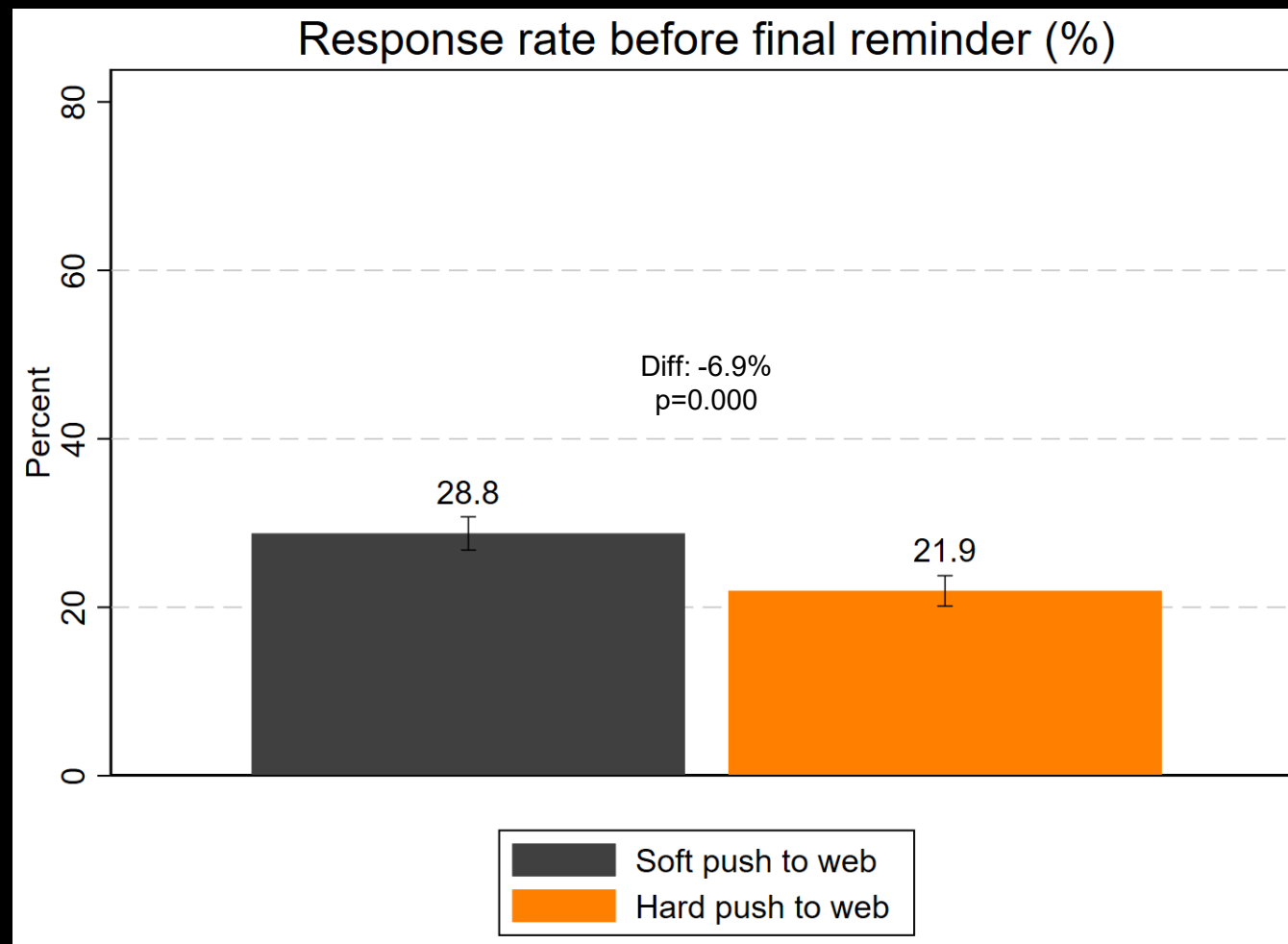


## Response rate (RR1)





## Response rate before last reminder (RR1)





## Response rates across demographic groups

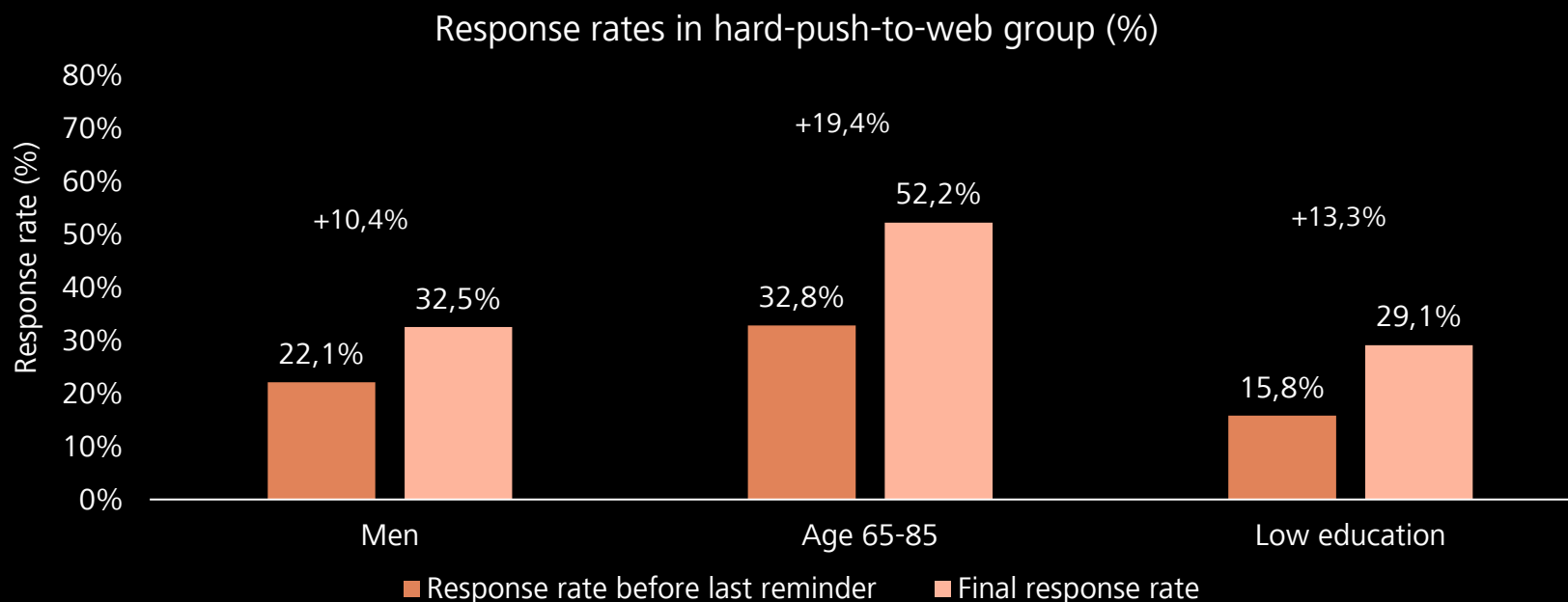
	Difference between experiment groups (%)		Significant difference before last reminder?
<b>Gender</b>		<b>Gender</b>	
Women	4,3*	Women	***
Men	3,6	Men	**
<b>Age</b>		<b>Age</b>	
18-34	-0,7	18-34	
35-49	1,6	35-49	
50-64	8,5**	50-64	***
65-85	5,0	65-85	***
<b>Education</b>		<b>Education</b>	
Low	2,3	Low	***
Medium	0,3	Medium	
High	7,1**	High	**
<b>Origin</b>		<b>Origin</b>	
Born in Sweden	4,8**	Born in Sweden	***
Born abroad	0,1	Born abroad	





## Response rates before and after paper questionnaire in hard-push-to web group

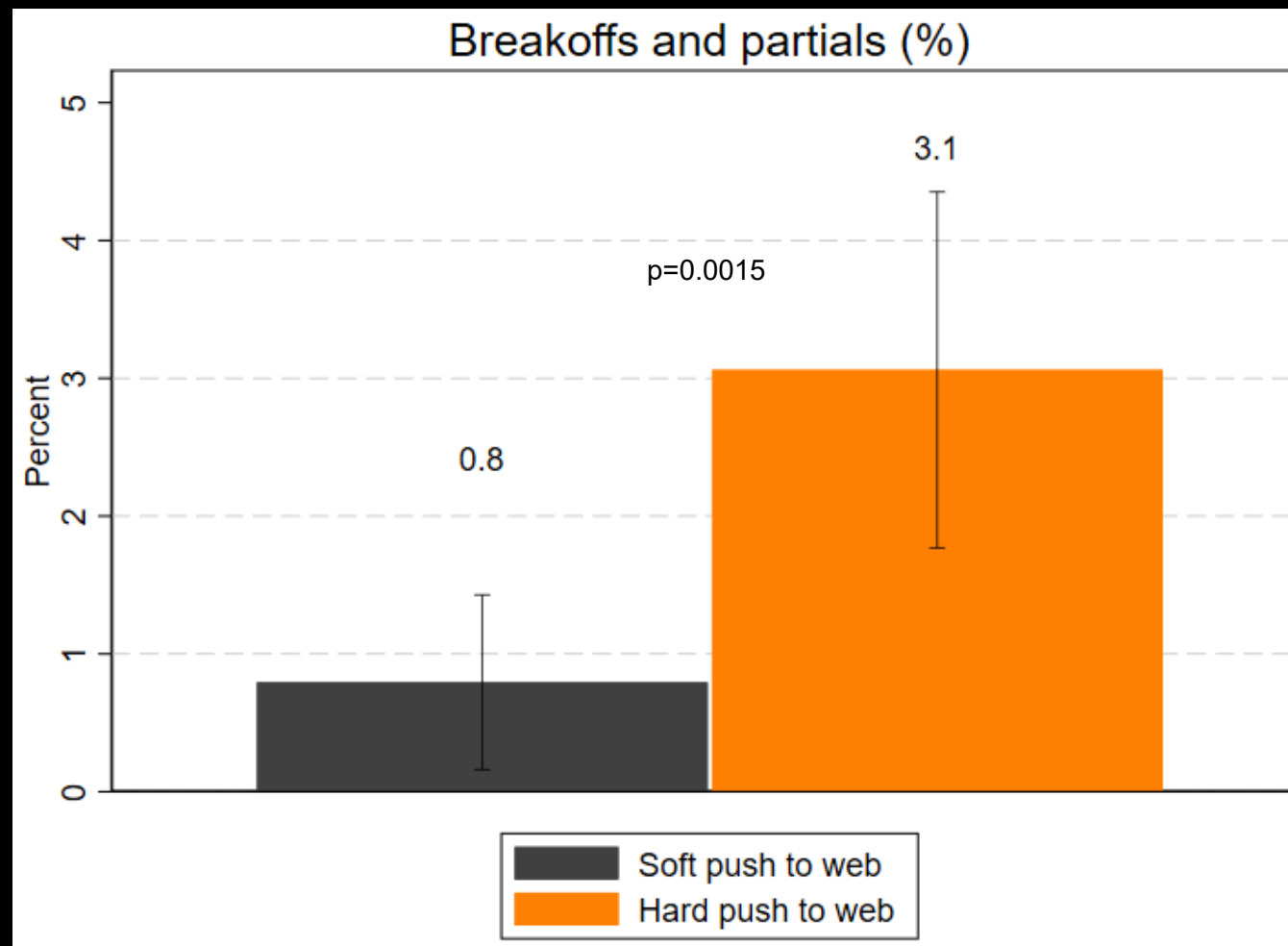
- Paper questionnaire in the last reminder had a statistically significant effect in three demographic groups



- After the last reminder, statistically significant differences in response rate between experiment groups disappeared among men, 65-85 year olds and persons with low education



## Data quality (breakoffs/partials)





## Non-response bias

Experiment group	R-indicator	Confidence intervals
Soft-push-to-web group	0.63 (.01)	[.599, 671]
Hard-push-to-web group	0.71 (.01)	[.673, 750]



## Conclusions

- Compared to a soft-push-to-web strategy, a hard-push-to-web strategy generated:
  - A statistically significant lower response rate (-4,1%)
  - A statistically significant higher share of partials and breakoffs
  - Higher representativeness and less nonresponse bias

## Take home messages

- Choice of push-to-web strategy is a trade-off between response rate and representativeness
- Choice of push-to-web strategy might impact representation of some demographic groups more than others

## Cost decrease

- Sending paper questionnaire only in the third and final reminder to half the sample saved us  
≈ 2,900 euros (33,000 SEK)



# Thank you for listening!

**Felix Cassel**  
Survey Manager  
The SOM institute  
University of Gothenburg

Contact: [felix.cassel@gu.se](mailto:felix.cassel@gu.se)



## Resources

- **Notes on Survey Methodology at the SOM Institute:**

<https://www.gu.se/en/som-institute/publications/research-on-survey-methodology>

