



UNIVERSITY OF  
GOTHENBURG

# Global Child and Adolescent Mental Health Conference

2024-10-11

# Queen Silvia's Professor in Global Child and Adolescent Health

Introducing the professorship and the work to strengthening  
the global child and adolescent mental health research in Gothenburg

# The Puzzle of Research and Other Operations

- University of Gothenburg
- Region Västra Götaland
- City of Gothenburg
- City of Mölndal



# University of Gothenburg





# Faculty of Social Sciences – Themes



- Addiction, alcohol, drugs
- Clinical psychology, developmental psychology
- Crime
- Economy, labour, housing
- Identity, culture, ethnicity
- Family
- Gender equality, LGBTQI+
- Migration, refugee, diaspora
- Neurodiversity
- Social services, family homes, social child and youth care
- Violence, bullying, harassment, sexual harassment

# Faculty of Social Sciences – Examples

- **Gothenburg Research Program on: Identity, Culture and Ethnicity**

Interdisciplinary program, the development of ethnic identity and to improve young people's coping at the social and individual levels.

Contact: Ann Frisén, Philip Hwang & Sofia Berne

[ann.frisen@psy.gu.se](mailto:ann.frisen@psy.gu.se), [philip.hwang@psy.gu.se](mailto:philip.hwang@psy.gu.se), [sofia.berne@psy.gu.se](mailto:sofia.berne@psy.gu.se)

Department of Psychology

- **BUFSA – Children, young people and families in Social Work**

Living conditions of children and young people in different contexts, the practice of social work in collaboration with various social activities, national, transnational, international, the role of the welfare state, civil society and social work.

Contact: Therése Wissö & Evelyn Khoo, [therese.wisso@socwork.gu.se](mailto:therese.wisso@socwork.gu.se), [evelyn.khoo@socwork.gu.se](mailto:evelyn.khoo@socwork.gu.se)

Department of Social Work

- **PEP-report.** Contact: The SOM Institute

# Faculty of Social Sciences – Examples

- **MERGU Migration and Ethnicity Research Gothenburg University**

Research network. Specific topics among others: discourses around unaccompanied children, young adults, religion and schools, civil society, refugee and bordering studies, transnational childhoods and parenting.

Contact: Oksana Shmulyar Gréen & Gabriella Elgenius  
[oksana.shmulyar@socav.gu.se](mailto:oksana.shmulyar@socav.gu.se), [gabriella.elgenius@gu.se](mailto:gabriella.elgenius@gu.se)  
Department of Sociology and Work Science

- **GRID – The Gothenburg group for Research in Developmental psychology**

Individual psychological development in a social and societal context from infancy to adulthood. Specific topics include: Identity, personality, sexual development, social relations (e.g. parenthood, bullying, sexual harassment, social media), body image, physical identity, and psychosocial adjustment.

Contact: Ann Frisén, Margareta Bohlin, Therése Skoog m.fl.  
[ann.frisen@psy.gu.se](mailto:ann.frisen@psy.gu.se), [margareta.bohlin@psy.gu.se](mailto:margareta.bohlin@psy.gu.se), [therese.skoog@psy.gu.se](mailto:therese.skoog@psy.gu.se)  
Department of Psychology

# Sahlgrenska Academy – Themes

- Addiction, alcohol, drugs
- Childrens and adolescents mental health
- Global public health
- Neuropsychiatry
- Pediatrics
- Psychiatry
- Disaster medicin
- Migration, health and human rights with a focus on children and families, including children in war and armed conflicts, and traumatized children
- Chronic stress





# Sahlgrenska Academy – Examples



## **Gillberg Neuropsychiatry Centre**

Child and adolescent global mental health, with a focus on innovative population-based methods for early intervention, clinical assessment, investigation of background and causes and intervention in the fields of neuropsychiatry, developmental neurology and general practice.

Contact: Christopher Gillberg, [christopher.gillberg@gu.se](mailto:christopher.gillberg@gu.se)

## ■ **STARS – Study of Adolescence Resilience and Stress**

A longitudinal focus on chronic stress and cardiovascular risk in adolescents with different family socioeconomic status and immigrant background, and low resilience to stress during adolescence

Contact: Peter Friberg, [peter.friberg@mednet.gu.se](mailto:peter.friberg@mednet.gu.se)  
School of Public Health and Community Medicine

# Sahlgrenska Academy – Examples

## ▪ Migration, Health and Human Rights With a Focus on Children and Families

Research environment including projects as

- Health – Promoting Strategies Among Undocumented Refugee Children in Sweden
- SHERUM - Swedish Health Research on Undocumented Migrants
- HER-SUM – Health and Rights Study of Unaccompanied Female Minors

Contact: Henry Ascher, [henry.ascher@gu.se](mailto:henry.ascher@gu.se)

School of Public Health and Community Medicine

## ▪ The PHYSBE Group

The significance of risk factors in adolescence for mental illness, among others, in life. Focus on early risk factors such as stress resilience, mental illness, overweight and impaired physical fitness.

Contact: Maria Åberg, [maria.aberg@gu.se](mailto:maria.aberg@gu.se)

School of Public Health and Community Medicine

# Faculty of Education – Themes



- Childrens rights
- Global contexts
- Living conditions and inequality
- Food and meals
- The school as a health-promoting arena
- Mental health, school-related well-being, self-perception of competence, social relationships, resilience and academic performance
- Neurodiversity, dyslexia, learning difficulties
- Violence, bullying, harassment, sexual harassment
- LGBTQI+

# Faculty of Education – Examples

- **Health Promotion**

Interdisciplinary research group focused on promoting health and well-being in children and youth, emphasizing dietary habits, physical activity, and utilizing diverse theoretical approaches with both qualitative and quantitative methods.

Contact: Beatrix Algurén & Christel Larsson, [beatrix.alguren@gu.se](mailto:beatrix.alguren@gu.se), [christel.larsson@gu.se](mailto:christel.larsson@gu.se)

Department of Food and Nutrition and Sport Science

- **Collaboration for attendance: a comparative case study of school social teams**

Research group focused on the establishment of school social teams which, among other things, aim to reduce school absenteeism.

Contact: Martin Harling, [martin.harling@gu.se](mailto:martin.harling@gu.se)

Department of General Didactics and Pedagogical Work

# Faculty of Education – Examples

- **Global Childhoods**

The conditions and rights of children inside and outside social institutions, local and global contexts. How childhood is construed discursively, materially, spatially and in social interaction.

Contact: Annette Hellman & Andreas Jacobsson

[anette.hellman@ped.gu.se](mailto:anette.hellman@ped.gu.se), [andreas.jacobsson@ped.gu.se](mailto:andreas.jacobsson@ped.gu.se)

Department of Education, Communication and Learning

- **What Affect Students' Mental Health and Well-Being In and Out of School?**

Interdisciplinary research group focusing on young peoples' mental health from a bio-psycho-social perspective, including school-related well-being. Using data from the longitudinal database Evaluation through Follow-up (UGU)

Contact: Alli Klapp & Beatrix Algurén

[alli.klapp@ped.gu.se](mailto:alli.klapp@ped.gu.se), [beatrix.alguren@gu.se](mailto:beatrix.alguren@gu.se)

Department of Education and Special Education, Department of Food and Nutrition and Sport Science

# School of Business, Economics and Law

## – Themes



- Health governance – management & economics
- Legal and organisational conditions for coordination of care
- Access to and utilisation of healthcare and pharmaceuticals
- Health equality and socioeconomic differences in health
- Digital care and child health
- Care of young persons act (LVU)
- Foreign Aid
- Cost-effectiveness of mental health interventions



# School of Business, Economics and Law

## – Examples

- **Invest4Health –Reimbursement Models and Coordinated Prevention for Children**

Health management

Contact: Christian Gadolin, Mikael Cäker & Ewa Wikström

[christian.gadolin@gu.se](mailto:christian.gadolin@gu.se), [mikael.caker@handels.gu.se](mailto:mikael.caker@handels.gu.se), [ewa.wikstrom@handels.gu.se](mailto:ewa.wikstrom@handels.gu.se)

Centre for Health Governance

- **Coherent Care Pathways in Child and Adolescent Health**

Legal and organisational conditions

Contact: Ulf Petrusson, [ulf.petrusson@law.gu.se](mailto:ulf.petrusson@law.gu.se)

Department of Law, and Institute for Innovation and Social Change

# School of Business, Economics and Law

## – Examples

- **Linking Design of the Health Care System (and other Institutions) to Access to Care and Health among Children**

Health Economics, digital tools, copayment levels, LVU-care, school bullying interventions.

Contact: Gustav Kjellsson, Jens Wikström, Roxanne Kovacs, Mikael Svensson & Ronja Helénsdotter

[gustav.kjellsson@gu.se](mailto:gustav.kjellsson@gu.se), [jens.wikstrom@economics.gu.se](mailto:jens.wikstrom@economics.gu.se), [roxanne.kovacs@economics.gu.se](mailto:roxanne.kovacs@economics.gu.se),

[mikael.svensson2@gu.se](mailto:mikael.svensson2@gu.se), [ronja.helensdotter@economics.gu.se](mailto:ronja.helensdotter@economics.gu.se)

Centre for Health Governance, Dept of Economics and School of Public Health and Community Medicine

- **Linking Aid to Health among Children and Youth**

Development economics

Contact: Dick Durevall, Annika Lindskog, Heather Congdon Fors & Ann-Sofi Isaksson,

[dick.durevall@economics.gu.se](mailto:dick.durevall@economics.gu.se), [annika.lindskog@economics.gu.se](mailto:annika.lindskog@economics.gu.se), [heather.fors@economics.gu.se](mailto:heather.fors@economics.gu.se), [ann-sofie.isaksson@economics.gu.se](mailto:ann-sofie.isaksson@economics.gu.se)

Centre for Health Governance, Department of Economics

# IT Faculty – Themes



- Digitalization of society – challenges and opportunities
- Designing a sustainable digital society
- Diversity, inclusiveness and ethics
- Human-centered artificial intelligence
- Digital technologies in school, AI in education
- Smartphone, social media, internet use
- Social robots, virtual companions
- Gaming, sports, e-sports, etc

# IT Faculty – Examples

- **Grooming and child pornography**

How digital technology has changed the conditions for grooming and child pornography, and how can children be better protected. Policy and legislation work.

Contact: Marie Eneman, [marie.eneman@ait.gu.se](mailto:marie.eneman@ait.gu.se)  
Department of Applied IT

- **Neurodiversity**

How digital technologies can be used for objective measure of behavior patterns related to neurodevelopmental impairments, and how we can design for diversity of individuals.

Contact: Martyna Galazka, [martyna.galazka@ait.gu.se](mailto:martyna.galazka@ait.gu.se)  
Department of Applied IT

# IT Faculty – Examples

- **Virtual companions**

The potential advantages and disadvantages of virtual companions and the mental well-being of adolescents

Contact: Mattias Rost & Alexandra Weilenmann

[mattias.rost@gu.se](mailto:mattias.rost@gu.se), [alexandra.weilenmann@gu.se](mailto:alexandra.weilenmann@gu.se)

Department of Applied IT

- **Positive smartphone use**

Challenging current narratives around 'screen time' and exploring how smartphones can support rather than detract from meaningful engagement.

Policy work.

Contact: Thommy Eriksson & Negin Hashmati

[thommy.eriksson@gu.se](mailto:thommy.eriksson@gu.se)

Department of Computer Science and Engineering

# Faculty of Humanities – Themes

- Culture and cultural perspectives on children, childhood, adolescents, family
- Children's theatre and literature
- Children's participation in society
- Future literacy
- Bibliotherapy
- Young LGBTQI+ people's experiences
- Language and multilingualism
- Neurodiversity





# Faculty of Humanities – Examples

- **BiG – Children's Culture Research in Gothenburg**

Research group

Contact: Karolina Westling och Jeanette Sundhall

[karolina.westling@kultvet.gu.se](mailto:karolina.westling@kultvet.gu.se), [jeanette.sundhall@wmst.gu.se](mailto:jeanette.sundhall@wmst.gu.se)

Department of Cultural Sciences

- **Utopian Stories**

Citizen science project, building hope and future preparedness through climate education combined with creative writing.

Contact: Camilla Brudin Borg, [camilla.brudin.borg@lir.gu.se](mailto:camilla.brudin.borg@lir.gu.se)

Department of Literature, History of Ideas and Religion

# Faculty of Humanities – Examples

- **Neurodiversity**

Children's and young people's experiences and what different cognition, perception, sociality, and emotionality can mean for cultural expressions in a global world.

Contact: Jenny Bergenmar, [jenny.bergenmar@lir.gu.se](mailto:jenny.bergenmar@lir.gu.se)

Department of Literature, History of Ideas and Religion

- **Multilingualism and Swedish as a second language**

Research field, with topics among others: literacy, education and multilingualism within the family and among youth, migration, marginalized identities, and invisible ideologies in various social processes

Contact: Anna Winlund, [anna.winlund@gu.se](mailto:anna.winlund@gu.se)

Department of Swedish, Multilingualism, Language Technology

# The Artistic Faculty – Themes



- Children's theater, music, literature
- Future literacy
- Culture and gender identity
- Neurodiversity

# The Artistic Faculty – Examples

- **Different**

Musical theatre about neuro-psychiatric disabilities

Contact: Nina Norblad, [nina.norblad@hsm.gu.se](mailto:nina.norblad@hsm.gu.se)

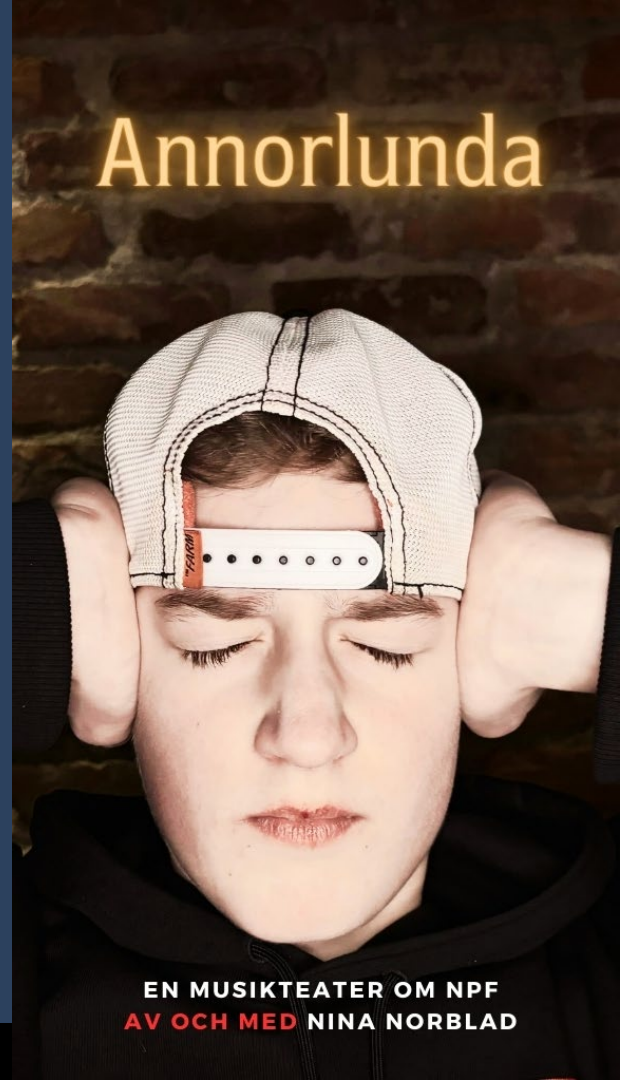
Academy of Music and Drama

- **Autistic Writing in Neuro-Mixed Rooms: Reclaiming another Mother Tongue**

Investigate autistic experiences, autism-led research, neuro-mixed rooms and autistic poetics.

Contact: Elisabeth Hjort, [elisabeth.hjort@gu.se](mailto:elisabeth.hjort@gu.se)

Academy of Art and Design



Annorlunda

EN MUSIKTEATER OM NPF  
AV OCH MED NINA NORBLAD

# The Artistic Faculty – Examples

- **Transforming the City for Play**

World's children in cities, their rights to play and to participate in cultural life and express themselves. New artistic design methods and new ways of organizing children's participation

Contact: Helena Hansson, [helena.hansson@gu.se](mailto:helena.hansson@gu.se)

Academy of Art and Design

- **Describing and Writing about Alternative Future Worlds**

An intervention study aimed at developing and evaluating future literacy skills

Contact: Margareta Häggström, [margareta.haggstrom@gu.se](mailto:margareta.haggstrom@gu.se)

Academy of Art and Design





# **The Gothenburg foundation for research and clinical advancements in children's and adolescents' mental health**

**Sara Lundqvist**

consultant Sahlgrenska university hospital

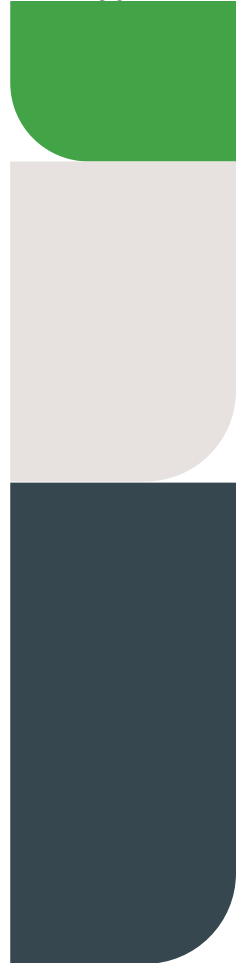
PhD student Department of Neuroscience and Physiology

University of Gothenburg



# Patient-focused service development

1. **One point of entry** - for all children and anyone concerned about a child. A phone number for the entire region.
2. **ADO ASSIP** – treatment pilot for our youth who have undergone suicide attempts.
3. **Home care** - Mobile team for youth who have difficulty accessing psychiatric care



# **ADO ASSIP – Adolescent Attempted Suicide Short Intervention Program**

A method for patients who have attempted suicide.

- Patients who have attempted suicide 1-3 months ago
- Short-term therapy (5 sessions)
- Adjunct therapy
- Work with suicidal narrative and enhanced safety planning

# ABIHP – Advanced Pediatric Home Care Psychiatry

- A new mobile team aimed at children and adolescents within Child and Adolescent Psychiatry (BUP) to ensure they receive their right to healthcare
- ABIH works with targeted interventions at home as a complement to outpatient/inpatient care



# Preventive work with mental health

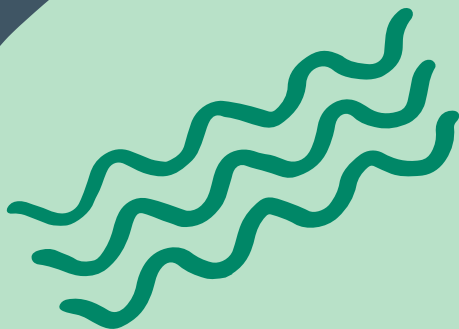
Petra Jerne, principal  
Solbackeskolan,  
the City of Gothenburg



Göteborgs  
Stad

## **PALS – Positive Behavioral Interventions and Support**

- Schoolwide Approach
- Good relations
- Consensus on how to react
- Problem solving and conflict management
- Cooperation with parents
- Through this, PALS promote mental health







Expected behaviors



Positive reinforcement of expected behavior

Prevention by guiding instead of reprimanding

Develops and builds a good learning environment  
through positive actions and participation

## Klassrum

**Vi tar ansvar, visar respekt och omtanke**

Kom i tid till lektionen	
Gå lugnt	
Lämna telefonen till klassläraren	
Var på din plats när du arbetar	
Lyssna på den som har ordet	
Räck upp handen när du behöver hjälp	
Prata med låg röst	
Ge dina klasskamrater arbetsro	
Var rädd om skolan och skolans saker	
Låt andra och andras saker vara	
Låt en vuxen öppna dörren	
Använd ett respektfullt språk	



Solbackeskolan

# School As an Arena

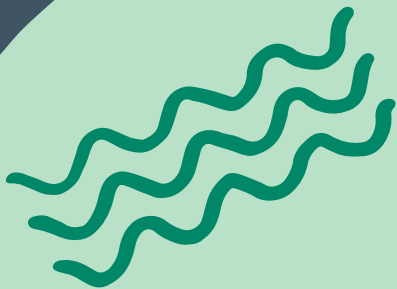
**Lena Gustafsson, principal,  
Frejaskolan  
the City of Gothenburg**



Göteborgs  
Stad

## **School as an Arena enables more children and teenagers to:**

- Complete their studies/education
- Get involved in matters that concern them
- Have a meaningful leisure time
- Feel safe in their neighborhood
- Have guardians and other important adults to support them



# Cooperation

A way to organize collaboration where the child is in focus and the school is the place!



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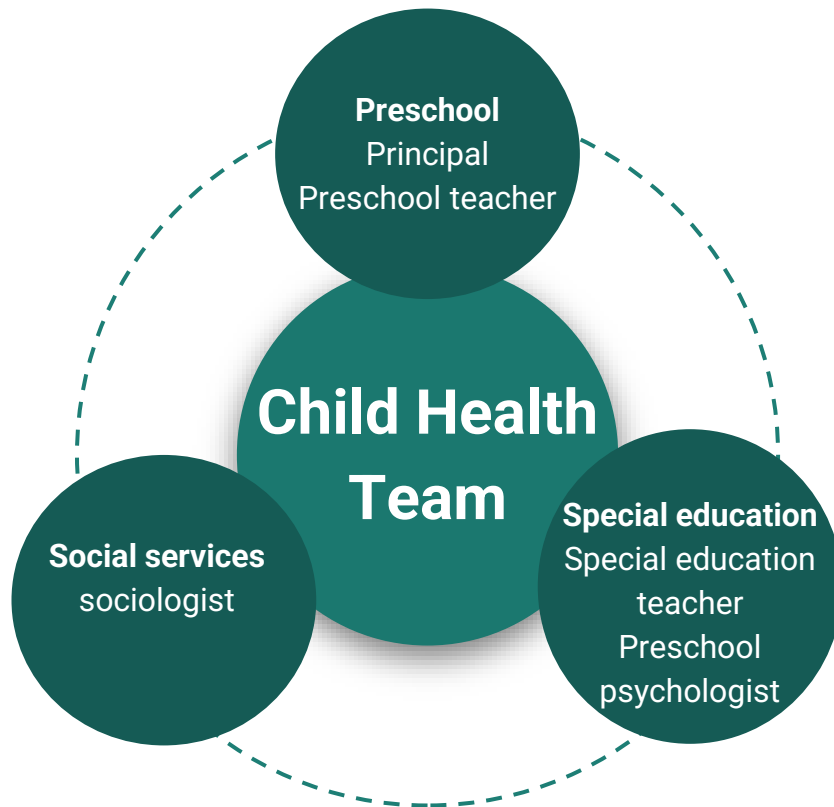


# **Mölnåls stad**

## **Preschool administration**

### **Child health team and pedagogical relationships**

**Contact: Fredrik Hellsten, Director of the School Administration**  
**[fredrik.hellsten@molndal.se](mailto:fredrik.hellsten@molndal.se)**







A relational approach to promote  
mental health and lifelong  
learning





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