

# Chapter 11: Chance

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Fletcher Seminaire

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# Two approaches to chance

- **Hypothesis testing:**

Tests if one method/treatment is statistically significant better than another  
**(unlikely only by chance).**

Statistical significance? ← P-value

- **Estimation:**

Uses statistical methods to estimate the range of values that is likely to include the true value.

# Hypothesis testing

## Four ways in which the statistical conclusions might relate to reality:

- True difference present & statistical test significant (**Correct**)
- True difference absent & statistical test not significant (**Correct**)
- True difference present & statistical test not significant (**Type 2 error**)
- True difference absent & statistical test significant (**Type 1 error**)

		True difference	
		Present	Absent
Conclusion of test	Significant	CORRECT	TYPE 1 ERROR
	Not significant	TYPE 2 ERROR	CORRECT

False-negative

False-positive

# Statistical tests in clinical research

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## Test the Statistical Significance of a Difference

Test	When used
<b>Chi square</b>	Between 2 or more proportions
<b>Fishers exact test</b>	Between two proportions
<b>Mann-Whitney U</b>	Between two medians
<b>Student t</b>	Between two means
<b>F test</b>	Between two or more means

## To Describe the Extent of Association

Test	When used
<b>Regression coefficient</b>	Between an independent variable and a dependent variable
<b>Pearson's r</b>	Between two variables

## To model the Effects of Multiple Variables

Test	When used
<b>Logistic regression</b>	With a dichotomous outcome
<b>Cox proportional hazard</b>	With a time-to-event outcome
<b>Propensity score</b>	Select matching controls

# Statistical power

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- The probability that a study will find a statistically significant difference when a difference really exists (*not by chance*).
- A study is powerful when it has a high probability of detecting differences when treatments really do have different effects.



How many study participants are enough to compare the effect of two treatments?

# Estimating sample size requirements

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Effect size

Characteristics  
of the data

Type 1 error

Interrelationships

Type 2 error

# Requirements

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- Then

Large sample sizes were not needed to discover powerful treatments, we came a long way on clinical experience.

VS

- Now

Many effective treatments are well established. Larger sample sizes needed to discover chronic diseases with multiple interacting causes & when treatment effects are small.

## Statistical precision & effect size

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- Point estimate
- Confidence intervals

“If the study is unbiased, there is a 95% chance that the interval includes the true effect size”.

“The true value is most likely to be close to the point estimate, less likely to be near the outer limits of the interval, and could (5 times out of 100) fall outside these limits altogether”.



## Statistical precision & effect size

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- Point estimate
- Confidence intervals

**Statistical significance does not always equal clinical relevance (and vice versa).**



# Statistical power

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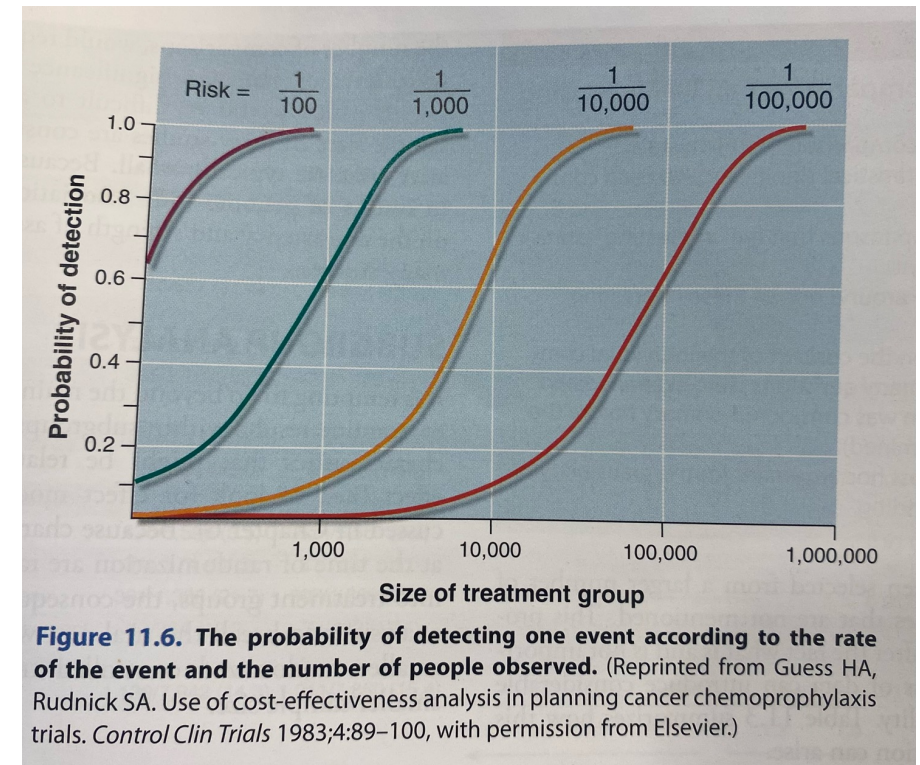
- Statistical power can be estimated by means of readily available formulas, tables, nomograms, computer programs, or web sites.
- **Statistical precision increases with the statistical power of the study**
- **After a study is completed**, there is no longer a need to test statistical power (estimate effect size, outcome event rates, and variability among participants) because it is already known.

Attention should instead be on the point estimates and confidence intervals.

## Detecting rare events

A lot of people needs to be observed in order to have a good chance of detecting rare events. (Probability of detecting an event as a function of the number of people under observation:

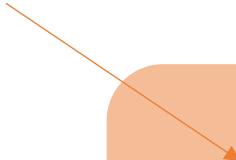
To have a good chance of detecting a  $1/x$  event, one must observe 3x people (for example if the underlying rate is  $1/10,000$ , one must observe 30,000 people).



# Multiple comparisons

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- A common way to manage multiple comparisons:  
divide the usual P value of 0.05 by the number of comparisons.
- Multiple outcomes


$$\frac{\text{Usual P-value}}{\text{Number of comparisons}} = \text{New P-value to consider}$$

# Different kinds of trials

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- **Superiority trials:**

Conducted to establish if one treatment is better than another.

- **Noninferiority trials:**

The purpose is to show that an alternative treatment is no worse than an established treatment (at least for clinically important difference).

# Multivariable methods

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To examine the effect of several variables together:

**Multivariable modeling**  
(a mathematical expression)

Advantage: No other way to adjust for or include many variables

Disadvantage: Validity based on assumptions that may not be met, easily affected by random variation

**General process:**

- 1) Identify all variables possibly related to outcome (confounders/effect modifiers)
- 2) If few outcome events: select the variables most likely related to outcome (if statistical testing:  $P < 0.10$ )
- 3) Check if assumptions of the data structure are met (e.g., if risk does not vary over time)
- 4) All variables entered in the statistical model (e.g., Cox proportional hazards model)