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# DAY OF THE WEEK AND TIME FOR SURVEY DISPATCH 

- EFFECTS ON PARTICIPATION RATES


## Introduction

- Time of survey dispatch is one factor that could affect participation rates
- Reach participants at convenient time
- Relatively easy for survey researchers to control
- We don't when the respondent sees the invitation
- Mixed results in previous studies
- Find effects: Wolff \& Göritz 2022, Lewis \& Hess 2017, Zheng 2011, Faught et al. 2004
- No effects: Howard et al. 2023, Lindgren et al. 2020 (long term), Sauermann \& Roach 2013, Shinn et al. 2007


## Present study

- Results from two experiments
- Varied day and time of survey dispatch
- Respondents randomized to one of 28 possible combinations of day and time to receive a survey
- Monday-Sunday
- 8, 12, 16 and 20
- Reminder sent out same day and time combination
- Administrated in the Swedish Citizen Panel (SCP)
- Non-commercial online panel at the University of Gothenburg
- Respondents recruited both through probability and non-probability methods
- No incentives

|  | Experiment 1 - spring 2021 | Experiment 2 - fall 2022 |
| :---: | :---: | :---: |
| Gender |  |  |
| Female | 40\% | 42\% |
| Male | 60\% | 58\% |
| Age |  |  |
| 16-29 years | 4\% | 5\% |
| 30-64 years | 68\% | 68\% |
| 65+ years | 28\% | 27\% |
| Education |  |  |
| Low/medium | 32\% | 40\% |
| High | 68\% | 60\% |
| Background |  |  |
| Born/parents born outside of Sweden | 19\% | 20\% |
| Born in Sweden | 81\% | 80\% |
| N | 49395 | 67762 |

## Analyses

- Analyze participation rates after 24 hours and 14 days (one reminder)
- Day
- Time
- Combination of day and time
- Group differences
- Young respondent with low/medium education compared to the rest of the sample


## Day effects

## Day: participation rates after 24 hours - experiment 1



## Day: participation rates after 24 hours - experiment 2



Day: participation rates after 14 days - experiment 1


Day: participation rates after 14 days - experiment 2


Experiment 1

Day: participation rates after 14 days

- Young respondents with low education compared to the rest of the sample



## Day: Summary

- Similar findings in experiment 1 and experiment 2
- Thursday-Saturday initial worst
- Evens out after 14 days
- No better day to invite young respondents with low education


## Time effects

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Time: participation rates after 24 hours - experiment 1


Time: participation rates after 14 days - experiment 1


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Time: participation rates after 24 hours - experiment 2


## Time: participation rates after 14 days - experiment 2

Participation rates after 24 hours
68

67

66
65
64

63

62

61

60

59
58


## Time: participation rates after 14 days

- Young respondents with low education compared to the rest of the sample


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## Time: summary

- Do not find similar results between experiment 1 and experiment 2
- No significant effect on time in experiment 1
- In experiment 2 lower participation rates at 8 and 12
- No better time to invite young respondents with low education

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## Combination of day and time effects

## Day and time

- Participation rates after 24 hours
- Experiment 1
- Monday evening and Tuesday morning higher participation rates
- Friday afternoon - Saturday evening lower participation rates
- Experiment 2
- Friday morning - Saturday afternoon lower participation rates
- No significant effects on participation rates after 14 days


## Day and time: participation rates after 14 days

- Young respondents with low education compared to the rest of the sample

70
65 60

55

40
35

30

25

20


## Summary

- Day of the week of survey dispatch had an initial effect, but not after 14 days
- Results replicated in experiment 2
- Time of survey dispatch show no significant effect in experiment 1, but in experiment 2
- Afternoon and evening times generate higher response rates
- Combination of day and time have no long term effect
- No clear recommendations for when to contact young respondents with low education
- Some day/time combination seem to generate the highest and lowest participation rates

Further aspects for us to investigate

- Data quality
- Differences between probability and non-probability recruited respondents
- Effects of time in panel


## Thank you for listening!

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