

Population Study of Women in Gothenburg (incl. H70)

Longitudinal studies and studies of secular trends and changes

CARDIOVASCULAR HEALTH

Long term prognosis - development of CVD, esp. stroke and heart failure - lifestyle effects incl. physical activity

Effects of stress on cardiovascular health/ obesity development
Secular changes stress, risk factors

MENTAL HEALTH, PERSONALITY, STRESS

Secular changes personality, mental health

Stress perception, socio-economic stress and mental and somatic health

INTERVENTION STUDIES IN PRIMARY CARE

Effects of lifestyle promotion and intervention in primary care - including e-Health monitoring
HÄLSOLYFTET + eHealth-lift

Effects of early detection of risk of heart failure and stroke and diagnosis of heart failure and stroke in primary care – **PRIM-CARD**

RCT – Internet-CBT-effects and efficiency on depression, sick-listing in primary care treatment
PRIM-NET (e-Health)

RCT – regular monitoring of depressive symptoms in primary care – use of PROMs
PRI-SMA

RCT – Care Manager - Effects and efficiency on depression, sick-listing, quality of life in primary care treatment
PRIM-CARE (eHealth)

RCT – Convergence workplace dialogue - effects on return to work and sicklisting for patients with depression, anxiety and stress-related disorders in primary care
CO-WORK-CARE-Stress

Observational study – Antidepressant use in and return to work
ADAS