# Rock Climber

You are going to listen to three parts of an interview with Dalvi Singh, a rock climber who lives in Yorkshire. There will be a pause after each part when you can answer the questions.

Answer the questions either by writing a few words or by marking the best alternative – A, B, C or D – in the boxes. You can take notes in the margin while you listen. Base your answers on the information in the programme. You will hear the programme only ONCE, so listen carefully. At the end you will have one minute to check all your answers.

## Part 1

1. The aim of the school trips was to…
   - A encourage more girls to do sports
   - B introduce youngsters to climbing
   - C show teenagers different cultures
   - D let pupils experience the outdoors

2. How did Dalvi feel about climbing when still at school?
   ____________________________________________

3. What was there at the Huddersfield Sports Centre that made her take up climbing?
   ____________________________________________

4. Why were the boots she bought quite inexpensive?
   ____________________________________________

5. What does Dalvi say about ropes?
   - A Many buy them second hand
   - B They need to be replaced often
   - C Few climbers can afford them
   - D New ropes have to be tested

6. What is her boyfriend Peter’s attitude to her climbing?
   ____________________________________________
Part 2

7 **Onsighting** is a challenge because…

A it is easy to slip  
B there is no preparation  
C there are no handholds  
D the routes go straight up

8 If you have used the wrong hand for a hand hold, what can you do about it?

_________________________________________________________________________

9 What is special about **redpointing**?

_________________________________________________________________________

10 What kind of preparation does Dalvi recommend?

_________________________________________________________________________

11 Dalvi prefers onsighting rather than redpointing because it is…

A mentally challenging  
B easier for beginners  
C physically demanding  
D a far better workout

12 Yorkshire is popular with climbers because…

_________________________________________________________________________
Part 3

13 Besides work, Dalvi finances her climbing by…

14 What does Dalvi say about work?

She …

A plans to be a climbing instructor
B prefers to have a full time job
C enjoys the change and variation
D wants to have more time off

15 Being on the British Squad is good when you take part in competitions because…

16 What could bring more sponsors into rock climbing, according to Dalvi?

17 What does Dalvi say about climbing in the future?

A She really wants to reach the top
B She’s already looking at other sports
C She’ll give it up in one or two years
D She can’t carry on doing it forever
Bedömningsanvisningar


Rock Climber (17 poäng)

Part 1

1 D

2 (She was/felt) frightened/scared; It was frightening/scary; She didn’t like/enjoy it (at all)
   Acc: Frightening

   0 poäng: She was frightening

3 An indoor (climbing) wall
   Acc: A wall; She could climb indoors

4 (They were) second-hand; (They) weren’t new

5 B

6 (He is/was very) positive/encouraging; He believed in her
   Acc: He helps/pushes her

Part 2

7 B

8 (You may have to) twist around

9 You climb the hardest route(s) available/you can find; You have to have a lot of muscle;
   It requires more power

10 To work out/do weights; (Doing weights to) make your/the (upper) body strong

11 A

12 (there are a lot of) good places for climbing/local routes
   Acc: a lot of rocks/cliffs/mountains
Part 3

13 being sponsored; getting sponsorship
    _Acc_: sponsors

14 C

15 they pay your expenses
    _Acc_: competitions are free; you might get chosen to be in the national team

16 More/Better television coverage; If more was made of it (on TV)
    _Acc_: Television; More viewers/spectators

17 D